Getting ‘Rowdy’ at the Rec-Run 5k.

By: Ryan Brown

After the physical workouts given to cadets on a weekly basis, it was only fitting that Roadrunner cadets be put to the test by participating in a campus-wide 5k run. On Oct 4, the MSIII, MSII, and MSI classes took part in the Rowdy Rec-Run, a part of UTSA's 2010 Family Weekend.

The run, which was the distance of a little over three miles, consisted of the participants running the circumference of the main campus while meeting several hills, turns and dips along the way. According to MSIII cadet Monica Notzon, these elements are what made the run to her both fun and enjoyable.

“I love running, it is something I would refer to as my own personal therapy,” Notzon said.

Notzon, who finished third overall in the women’s bracket for the 5k run, led the way as a majority of the cadets who participated in this year’s event placed in the top 15th percentile among the 250 participants this year. Each participant was given a marathon number as well as a chip that was placed on their shoe to provide the most accurate times possible.

Prizes were awarded in each category and the event was open to students as well as the public. Participants ranged from students, athletes, parents, children, cancer survivor patients along with others.

Each participant received a complimentary bag filled with snacks, and shirts, also they were served fruit and other refreshments after they finished the race. The cadets are already looking forward to next years race. ROTC involvement in various campus activities makes us stand out among other student organizations and gives our battalion a good image.

Roadrunner Battalion is well known for its involvement in campus events like the Rowdy Rec-Run 5k.

Ranger Challenge is worth the hard work.

By: James Wingard

Being on the Ranger Challenge team means you have to be physically fit and mentally competent. One or the other will not work. The high expectations for cadets competing in Ranger Challenge do exactly that; they challenge the cadet to hold themselves and their teammates to a higher standard.

Not only do Ranger Challenge participants have to score above a 250 on their PT test, they must keep a 2.8 GPA or higher. These expectations do not sound like much, but they are much more difficult than they seem. Along with these, Ranger Challenge participants are also required to do PT five days a week at 6am.

During Ranger Challenge, my team and I participated in the PT test, day and night land navigation, a written land navigation test, a hand grenade assault course, medic carry, and disassembling and reassembling an M-16. These events at Ranger Challenge are similar to those that will take place at the Leadership Development and Assessment Course (LDAC).

I am glad that I decided to participate in Ranger Challenge, although it was hard and there were days I did not want to continue, it has made me a better person and a better cadet.
Excellent finish for Ranger Challenge; coed team earns another Iron Mike.

Two coed teams and one all male team participated in the weekend long event.

The teams trained regularly with ruck sacks in preparation for October.

Cadet Hernandez goes for another rep to max the APFT portion of Ranger Challenge.

With six weeks of training the teams arrived at Camp Bullis ready for the competition.

UTSA’s Ranger Challenge guidon would see many more streamers before the end of the awards ceremony.

Colonel Rourke presents Iron Mike trophies to the best male, female, and coed Ranger Challenge teams.