Counseling Services

- Michelle Holcomb, PhD, LPC-S (contact your athletic trainer for referral and coordination of appointments)
- UTSA Counseling Services, 210.458.4140 (After hours and weekends availability via protocol by dialing same number 210.458.4140)
  - Offer variety of services including: Relationship Counseling, Individual Counseling, Group Counseling. Find more info online: [http://www.utsa.edu/counsel/getting-started.html](http://www.utsa.edu/counsel/getting-started.html)

Safety Accommodations & Reporting

The officers of UTSAPD are fully certified Texas Peace Officers that provide police services for UTSA as well as University Housing.

They can be contacted at:
- Non- Emergencies On-Campus: (210) 458-4242
- Emergencies On-Campus: (210) 458-4911
- Emergency Phones On-Campus (Blue Light phones throughout campus)
- Emergencies Off-Campus (SAPD): 911
- Non-Emergencies Off-Campus (SAPD): 210-207-7273

Title IX Coordinator and Equal Opportunity Services Director, Leonard Flaum
Phone: 210-458-4120 or Email: [leonard.flam@utsa.edu](mailto:leonard.flam@utsa.edu)

Online Resources

One Love Foundation - [http://www.joinonelove.org/](http://www.joinonelove.org/)
ONE LOVE MY PLAN APP
Can be found in the app store | http://bit.ly/1bJsRll
This app helps you determine if a relationship is unsafe and it helps create the best action plan by weighing an individual's unique characteristics. Additionally, a friend or family member can use this app to assess the danger of a loved one.

NATIONAL DOMESTIC VIOLENCE HOTLINE
1-800-799-SAFE (7233) | Canada: 1-800-363-9010
NDV Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Call if you would like more resources or information, or if you are questioning unhealthy aspects of your relationship.

LOVE IS RESPECT
www.LoveIsRespect.org
| 1-866-331-9474 or 1-866-331-8453 | text “loveis” to 22522
Contact LoveIsRespect if you want to talk to someone, need advice about your relationship or a loved one’s relationship, or if you have legal questions.

NATIONAL SEXUAL ASSAULT HOTLINE
1-800-656-HOPE
The National Sexual Assault Hotline provides basic information for victims or friends/family of victims, short-term crisis intervention and support, answers to questions about recovering from sexual assault, and resources to assist with the reporting process.

HELPLINE
http://www.stopitnow.org/help-inquiry
| 1-888-PREVENT
The 1-888-PREVENT number provides support, guidance and information to adults who wish to speak confidentially with the Helpline staff. You can also schedule a 30-minute phone consultation with Helpline Associates.

CENTER FOR RELATIONSHIP ABUSE AWARENESS
http://stoprelationshipabuse.org/get-help/resources
This site provides a plethora of resources of all types (legal, seeking help, basic information, help in your area, etc.).

GLBT NATIONAL HELP CENTER
http://www.volunteerlogin.org/chat
| 1-800-246-PRIDE
This resource provides peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity. They have two national hotlines, as well as a private, volunteer one-to-one online chat, that helps both youth and adults with coming-out issues, safer-sex information, school bullying, family concerns, relationship problems and a lot more.

TEXAS ADVOCACY PROJECT
http://www.texasadvocacyproject.org/
Texas Advocacy Project provides FREE legal services statewide to victims of domestic and dating violence, sexual assault, and stalking.


Bringing in the Bystander® will help you to:
RECOGNIZE. CHOOSE. ACT.
- Learn about community responsibility for sexual violence, relationship violence, and/or stalking
- Dispel rape myths
- Cultivate intervention skills

http://www.utsa.edu/beaksup/index.html