



UTSA



Career Services

U.C. 2.02.04 /BV 1.304
www.utsa.edu/careerservices/
210-458-4589

What Can You Do With A Health Major



It is important to understand that your future is not only about your degree but the person you thrive to be. Organizations hire you not only for your education preparation but also for the volunteer services you have given and the work experience that you possess.

Possible Job Titles/Occupations and Employment Settings

Some positions require more education, training, certification and/or experience

Weight Management Specialist	AIDS Educator	Community Services & Health Educator
Work Site Wellness Coordinator	Field Health Officer	Hospital Administrator
Health Information Administrator/Technician	Alcohol/Drug Manager	Personal Stress Manager
Corporate Trainer	University Health Educator	Commercial Wellness Center Director
School District Health-Related Technician	Industrial Hygienist	Environmental Health Specialist
Research Assistant	Ambulatory Services Specialist	Social Worker
Health Policy Practitioner	Epidemiologist	Outreach Worker
Residence Counselor	Managed Care Coordinator	Industrial Hygienist
Health Planner	Supervisor of Medical Records	Dietician
Investigator	Nutritionist	Health and Safety Officer/Medical Officer
Health Care/Public Health Administrator	Physician Assistant	Public Health Nurse

Employee Responsibilities within the Health Sector

Community and Public Health

Inspecting restaurants, nursing homes, playgrounds and worksites
 Acting as a public relations officer for a health agency
 Studying at-risk populations and advocating for minority groups
 Conducting occupational health and safety inspections
 Ensuring and promoting consumer product safety
 Consulting for civic groups, elders, special interest groups, and government agencies
 Assisting in the operation of public nursing homes or medical clinics
 Controlling waste disposal for municipalities
 Controlling vectors of disease

Personal Health

Assessing personal health and health risks
 Providing home health care
 Sampling air, food and water
 Creating dietary guidelines for people's dietary strategies
 Promoting risk reduction behaviors
 Preventing and controlling communicable diseases
 Inspecting migrant labor camps and educating migrant workers
 Leading health education courses and health promotion projects
 Ensuring proper and sanitary housing

Health Education Practice General Categories

College/university health education	Drug and alcohol abuse education
Sex education	Cardiovascular disease education
Death and dying education	Diabetes education
Weight management education	Consumer health education
Cancer education	Occupational health education
School health education	Nutrition education
Disease prevention	Health promotion



CAREER SERVICES



CAREER SERVICES

Online Career Resources

Public Health Foundation	http://www.phf.org/	Health Resources and Services Administration	http://www.hrsa.gov/
National Wellness Association	http://www.wellnesswi.org/	Center for Disease Control And Prevention	http://www.cdc.gov/
Society for Public Health Education	http://www.sophe.org/	National Institutes of Health	http://nih.gov/
American Public Health Association	http://www.apha.org/	United States Department of Health & Human Services	http://www.os.dhhs.gov/
Association of Schools of Public Health	http://www.asph.org/	Office of Disease Prevention And Health Promotion	http://health.gov/default.asp
National Public Health Organizations	http://www.phf.org/links.htm	National Mental Health Association	http://www.nmha.org/
World Health Organization	http://www.who.int/en/		
National Health Council	http://nationalhealthcouncil.org		

Career Exploration, Internship and Job Search in Health (Community Health and Public Health)

The Process of Community Health Education and Promotion By Eva Doyle (ISBN 1577664388)	Community Health and Wellness Assessment: A Step by Step Guide By Deena Nardi and Josy Petr (ISBN 0766834980)
Introduction to Community Health By James F. McKenzie, Robert R. Pinger, and Jerome Edward Kotecki (ISBN 0763746347)	Public Health: Career Choices That Make A Difference By Bernand Turnock (ISBN 0763737909)
Coalitions and Partnerships in Community Health By Frances Dunn Butterfoss (ISBN 0787987859)	Foundations for Mental Health and Community Counseling: An Introduction to the Profession By Mark S. Gerig (ISBN 0131778008)
Community Health Education Methods: A Practical Guide By Robert J. Bensley and Jodi Brookins Fisher (ISBN 0763755338)	Public Health In Action: Practicing In The Real World By Jan K. Carney (ISBN 0763734470)
Public Health: What It Is and How It Works By Bernand Turnock (ISBN 0673724993)	Principles Of Public Health Practice By F. Douglas Scutchfield and William Keck (ISBN 0768828433)

Health Job Bank Opportunities

UTSA Career Service Jobbank http://www.myinterfase.com/utsa/student	Texas Hot Jobs http://texashotjobs.org
Health Care Job Bank http://www.healthcarejobbank.com/links/main.html	Explore Health Careers.org http://www.explorehelathcareers.org/en/index.aspx
All Health Care Jobs.Com http://www.allhealthcarejobs.com/all_healthcare_jobs_home.aspx	Health and Wellness Jobs http://healthandwellnessjobs.com
U.S. Department of Labor Bureau of Labor Statistics http://www.bls.gov/oco/ocos063.htm	

Professional Organizations

American Public Health Association http://www.apha.org	National Wellness Association (NWA) http://nationalwellnessassociation.com	The National Connection for Local Public Health http://www.naccho.org
National Association for Health & Fitness http://www.physicalfitness.org/nehf.html	Society for Public Health Education http://www.sophe.org	American Medical Association (AMA) http://www.ama-assn.org
Association of American Medical Colleges http://www.aamc.org	American Alliance for Health, Physical Education, Recreation and Dance http://www.aahperd.org/index.cfm	American Association for Health Education http://aahperd.org/aahe