



Advising Hours
MONDAY – FRIDAY
9 AM – 4 PM

**Office of International
Programs**
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<http://www.utsa.edu/intprograms/studyabroad.cfm>

STUDY ABROAD OPPORTUNITIES IN HEALTH AND KINESIOLOGY

BENEFITS OF STUDY ABROAD

- Gain field experience in different perspectives health and kinesiology
- Learn international perspectives in health and kinesiology
- Expand your cross-cultural communication and problem-solving skills
- Prepare you to work in an increasingly diverse and international workplace
- Globalize your world view
- Improve your language skills

Study abroad is an exciting way to discover new approaches to the study of health and kinesiology and build your professional skills. You can study in your major, pick up a second language, complete research on a special topic of your choice related to health and kinesiology, do an internship while overseas, or find one program with a combination of these components. Spend a minimester, the summer, a semester or an academic year abroad to enhance your cross-cultural skills, language ability, or professional experience.

STEPS TO STUDY ABROAD

Attend an Information Session or Consult the Web. Information sessions are held regularly. You may attend a brief, one-hour session or consult the website listed below to learn more about study abroad.

Research, Research, Research Investigate potential study abroad locations based on your interest and personal goals for an international experience. Do you want to improve your second language skills? Are you looking for a guided experience or are you more independent? Do you want to be with lots of other students from the U.S. or would you like to be “one of the crowd” with host country students?

Requirements UTSA requires a cumulative GPA of 2.5 or above. You should generally have at least 30 credit hours at the time of application. Check language requirements for non-English speaking countries.

Consult the Study Abroad Library. Check out the resources at the Office of International Programs (MB 1.210) for more information on program details, costs, and other information.

Consult your Advisor. Speak with your academic advisor to determine whether credits from your desired program will transfer back to UTSA. You will need to gather descriptions of courses in which you are interested in taking while abroad and meet with your advisor. He/she will help you determine if you will be able to receive credit for the experience.

Apply! Complete the necessary application(s) for UTSA and your chosen program. You must submit your documents and pay required fees by the established deadlines.

Attend Pre-Departure Orientation. All outgoing students must attend the Pre-Departure Orientation given by the Office of International Programs. You will be given the date and time well in advance and must make plans to attend. If you cannot attend, you must contact your Study Abroad Advisor and make arrangements.

Scholarships and Financial Aid The University of Texas at San Antonio offers scholarships to students studying abroad. These scholarships range from \$300 to \$3,600 per student. Application forms are available in the Office of International Programs. Many students are surprised to learn that their existing financial aid, including their federal aid, is frequently transferable to studying abroad. UTSA allows students to use all federal, state and institutional aid for study abroad programs. Generally, federal financial aid requires that you earn academic credit toward your degree program while you are abroad in order for the experience to be eligible for aid. So volunteer programs, for example, are less likely to be eligible for aid. If you already receive financial aid and have already completed your FAFSA form for the academic year in which you intend to study abroad, you won't need to submit another one. However, if you've never submitted a FAFSA form before, you should leave yourself plenty of time to do so.

APPLICATION DEADLINES

**International Education Fund and Study Abroad application at UTSA.*

Spring-Oct. 15

Summer-Feb. 15

Fall-Mar. 15

Affiliate Programs

Ireland

University of Limerick (Limerick)

The Arcadia University Center for Education Abroad can help you achieve an incomparable study abroad experience at the University of Limerick, an institution that offers a wide variety of subjects on a beautiful riverside campus graced by courtyards, flower beds, fountains and sculptures. Regarded as one of the leading institutions for business, science and technology in Ireland, you'll find top-quality offerings in these areas, as well as in the humanities. What's more, you can bolster your understanding of Irish history and culture through the University's impressive array of courses in Irish studies. Courses include *Physical Education Curriculum and Assessment, Foundations of Teaching and Learning Physical Education, Applied Studies in Health Related Activities/Aquatics* as well as others. (Sponsor: Arcadia)

Scotland

University of Stirling (Stirling)

The University of Stirling offers you flexible academic programs on a beautifully landscaped, modern and compact campus filled with ducks, swans and plenty of flowering shrubs in the spring. Built around tranquil Airthrey Loch at the base of the Trossach hills, the park-like location is only a short bus ride away from the town of Stirling. Taking advantage of outstanding sports facilities the university offers courses in sports studies and exercise science. Students interested in health and kinesiology have the option of taking *Physiology of Sport and Exercise, Physical Education, School Sport and Culture, Applied Exercise Physiology* as well as many other courses. (Sponsor: Arcadia)

Australia

University of Queensland (Brisbane)

Founded in 1910, the University of Queensland is the oldest and largest of Queensland's eight universities and the State's premier center of higher education with an international reputation for high quality teaching and research. The campus combines the vitality of cutting edge research with a long-established University's comprehensive facilities and a sense of tradition. See program provider for class information. The university offers a number of courses in health and kinesiology including *Exercise Science Technical Skills* and *Exercise Science and Professional Skills*. (Sponsor: AustraLearn)

Wales

University of Wales Bangor (Bangor)

The Arcadia University Center for Education Abroad can help you achieve incomparable study abroad experience at the University of Wales Bangor, an internationally recognized university in a picture-perfect setting. Sandwiched between the snow-capped mountains of Snowdonia National Park and the rugged coastline of North Wales, Bangor University, located in the town of Bangor, attracts independent students who are adventurous and stand out from the crowd. With fewer American students, a low cost of living, a pollution-free environment, a thriving Students' Union and everything you could want within walking distance from your residence hall, Bangor is hard to beat. See program provider for relevant

classes. Students may be interested in taking *Childhood Studies, Physical Education* and *Exercise Rehabilitation*. (Sponsor: Arcadia)

New Zealand

University of Otago (Dunedin)

Otago is one of those rare universities in the world where the main activity of its host city, Dunedin, is education. The campus is just a few blocks from the city center and almost all students live within walking distance of the campus. Dunedin, the principal city offers students the best of worlds. It has all the facilities, entertainment and variety of a large city, but small enough to be friendly, intimate and uncrowded. Dunedin is the gateway to Central Otago region and the Fiordland where opportunities abound for hiking, skiing, water sports, adventure tourism or just admiring the spectacular landscapes. The university offers a number of clubs and societies to enable students to take advantage of the recreational and sporting possibilities. Students have the opportunity to take *Sociocultural Foundations of Physical Education, Medical Aspects of Exercise and Physical Activity, Kinesiology and Human Movement* as well as many others. (Sponsor: AustraLearn)

PROGRAM SPONSOR CONTACT INFO

Affiliated Study Abroad Programs are coordinated and managed by outside organizations and companies. Program costs are set by each program provider and vary with the length of program, location and cost of living. Programs are generally available for the summer, fall or spring semester or academic year.

Arcadia

<http://www.arcadia.edu/abroad/>

AustraLearn

<http://www.australlearn.org/>

ADDITIONAL RESOURCES

Please note your study abroad options are not limited by the programs listed here. For more information on additional study abroad opportunities such as intensive language programs and/or internships in your field please contact the International Programs Office. A majority of the information provided in this brochure is taken verbatim from the websites and catalogues of various program providers. We give full credit to each agency that provides accessible material for the general public.