

PERSONAL TRAINER

LOUIE

Major

Kinesiology- Exercise Science

Year

Junior

Specialty Area

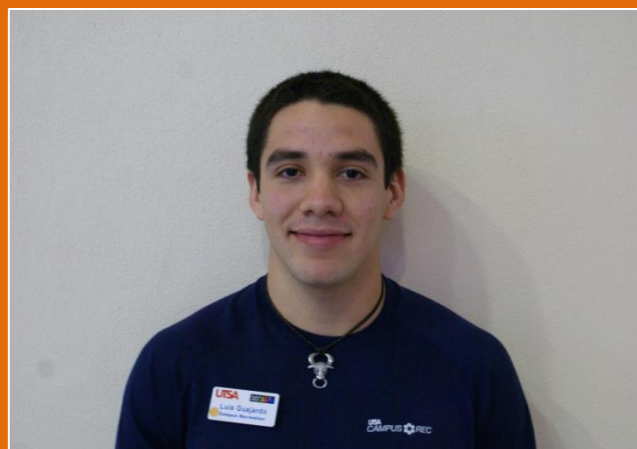
Bodybuilding
Strength Training
Weight Training

Special Interest

Volleyball
Football
Long Distance Running
Soccer
Basketball
Getting into Physical Therapy
School

Availability

Tuesday: 8am-12pm
Wednesday: 6-8am & 1pm-close
Thursday: 6-11am & 6pm-close
Friday: 6-8am & 1pm-close
Saturday: 2pm-close
Sunday: 12-1pm & 5pm-close



Related Experience

400/800 Runner
Long and Triple Jump
Exercise Science Major

Certifications

American Council on Exercise (ACE)
Nationally Certified Personal Trainer

FIT Training
CPR/First Aid