



Position Description Fitness Supervisor

Responsibilities

- To provide on-site leadership for Weight Room and Cardio Room daily operations.
- Responsible for supervising Fitness Monitors for the day-to-day operations of the Weight Room and Cardio Room inside the Rec Center.
- Advise participants on routine exercise questions.
- Conduct orientation sessions at scheduled times and advises participants during unscheduled times.
- Settle disputes and minor problems with customer service being paramount.
- Assist with weight room competitions.
- Oversee core area.
- Assure opening and closing procedures are conducted appropriately.
- Run fitness assessments as needed.
- Market fitness programs to floor participants.
- Clean equipment and conduct risk management checks.
- Performs other duties as assigned.

Expectations

- Demonstrate positive leadership qualities.
- Presents a professional appearance and attitude.
- Maintains a high standard of customer service.
- Leads by example.
- Demonstrate strong initiative.
- Demonstrates an understanding of diversity.
- Acts an ambassador for Campus Recreation both at work and away.

Minimum Qualifications

- Must be currently enrolled at UTSA, with a minimum GPA of 2.25.
- Current Group Exercise Certification(s) and completed the UTSA Campus Recreation Fitness Instructor Training (F.I.T.) course.(Group X or PT only)
- Previous work experience with Campus Recreation in a university setting.
- Working knowledge of the free weight, selectorized and plate-loaded machines.
- Working knowledge of cardiovascular equipment and a variety of exercise accessories (steps, exercise bands, body bars, etc.).
- Working Knowledge of personal computer programs, audio visual equipment to include DVD players, audio and video tapes, CDs and the ability to learn Cardio Theater.
- First Aid, CPR and AED certified.
- Possess a good base knowledge of all rec programs.

Working Conditions

- Maximum hours allowed per week are 19 (average 15)
- Work will take place at the 1604 and Downtown campuses.
- Work shifts include morning, afternoon, evening and weekend hours.
- Some required holiday hours.

Pay Rate

- Starting pay: \$8.50/hour