

Binge Drinking is High Risk Drinking

MALES

APPROXIMATE BLOOD ALCOHOL PERCENTAGE									
Drinks *	BODY WEIGHT IN POUNDS								EFFECT ON PERSON
	100	120	140	160	180	200	220	240	
0	.00	.00	.00	.00	.00	.00	.00	.00	ONLY SAFE DRIVING LIMIT
1	.04	.03	.03	.02	.02	.02	.02	.02	IMPAIRMENT BEGINS.
2	.08	.06	.05	.05	.04	.04	.03	.03	
3	.11	.09	.08	.07	.06	.06	.05	.05	DRIVING SKILLS SIGNIFICANTLY AFFECTED.
4	.15	.12	.11	.09	.08	.08	.07	.06	LEGALLY INTOXICATED. CRIMINAL PENALTIES IN <u>ALL</u> STATES **
5	.19	.16	.13	.12	.11	.09	.09	.08	
6	.23	.19	.16	.14	.13	.11	.10	.09	
7	.26	.22	.19	.16	.15	.13	.12	.11	
8	.30	.25	.21	.19	.17	.15	.14	.13	
9	.34	.28	.24	.21	.19	.17	.15	.14	
10	.38	.31	.27	.23	.21	.19	.17	.16	

FEMALES

APPROXIMATE BLOOD ALCOHOL PERCENTAGE										
Drinks *	BODY WEIGHT IN POUNDS								EFFECT ON PERSON	
	90	100	120	140	160	180	200	220	240	
0	.00	.00	.00	.00	.00	.00	.00	.00	.00	ONLY SAFE DRIVING LIMIT
1	.05	.05	.04	.03	.03	.03	.02	.02	.02	IMPAIRMENT BEGINS.
2	.10	.09	.08	.07	.06	.05	.05	.04	.04	DRIVING SKILLS SIGNIFICANTLY AFFECTED.
3	.15	.14	.11	.11	.09	.08	.07	.06	.06	LEGALLY INTOXICATED. CRIMINAL PENALTIES IN <u>ALL</u> STATES **
4	.20	.18	.15	.13	.11	.10	.09	.08	.08	
5	.25	.23	.19	.16	.14	.13	.11	.10	.09	
6	.30	.27	.23	.19	.17	.15	.14	.12	.11	
7	.35	.32	.27	.23	.20	.18	.16	.14	.13	
8	.40	.36	.30	.26	.23	.20	.18	.17	.15	
9	.45	.41	.34	.29	.26	.23	.20	.19	.17	
10	.51	.45	.38	.32	.28	.25	.23	.21	.19	

Subtract .01% for each 40 minutes of drinking.

* One drink is equal to 1¼ oz. of 80-proof liquor, 12 oz. of beer, or 4 oz. of table wine.

**ALL states have a .08 BAC per se law

—The final one took effect in August of 2005. (Updated: Sept. 3rd, 2005)

