

Be Rowdy! Be Responsible!

- ✈ Go out with friends, go home with friends.
- ✈ Have a designated driver who is not drinking and not using drugs.
- ✈ Your designated driver is NOT the one who is “the least drunk.”
- ✈ DO NOT get behind the wheel of a car, truck, tractor, semi or any other type of motor vehicle or motorcycle if you have been drinking.
- ✈ Protect Yourself. Protect Your Friends.
- ✈ Eat before drinking.
- ✈ Avoid drinking games, funneling, and pounding.
- ✈ Think about Quality...not Quantity! What’s the rush? Slow down!
- ✈ Don’t Drink If:
 - ✘ You really don’t want to.
 - ✘ You are upset or angry.
 - ✘ You are doing other drugs.
 - ✘ There is a chance you might need to make a decision about sex.
 - ✘ You are pregnant or you think you might be.
 - ✘ You will be driving.
 - ✘ You are under doctor’s direction for medication not to be used with alcohol.

Use campus resources to educate yourself on Binge Drinking, Alcohol Poisoning, and State Laws/UTSA Policies...

Kelsey Bratcher
Associate Director for Risk Education, Alcohol & Drug Programs
210.458.4160
kelsey.bratcher@utsa.edu
utsa.edu/sa/barr
[facebook.com/BeRowdyUTSA](https://www.facebook.com/BeRowdyUTSA)
[@UTSABARR](https://twitter.com/UTSABARR)

