

# An Off-Campus Student Guide to Safe and Responsible Parties

## Stop Drinking Before It's Too Late

- ⊗ Do you feel warm and tingly?
- ⊗ Are you less nervous or less tense?
- ⊗ Do you feel more outgoing and friendly?
- ⊗ Do you feel giddy or loud?

*Tip: Should you choose to drink try alternating drinks with non-alcoholic beverages such as soda, water, juice, etc. This will help you hydrate and reduce your alcohol intake.*

## So You're Having a Party...

### Keep the noise level down

- ⊗ Talk to your neighbors before the party, since the most common reason police are called to a party is complaints from neighbors.
- ⊗ Let your neighbors know when the party will end. Parties during the week may bother people who have different time schedules.
- ⊗ Keep the party indoors and close the windows, if possible.
- ⊗ The police may come if the noise can be heard outside your home.

### Keep the size reasonable

If the party spills outside, there is a good chance a complaint will be made.

### Know your guests

Don't open your party to people passing by. This is often how irresponsible people enter and cause problems.

### Keep alcohol inside

If the police have a reason to believe alcohol is being consumed by minors, they can break up your party.

## What to Do for Alcohol Poisoning

### Symptoms:

- ⊗ Person is passed out and cannot be awakened.
- ⊗ Person has cold, clammy or bluish skin color.
- ⊗ Person has slow or irregular breaths:
  - Less than 8 times per minute or
  - More than 10 seconds in between breaths.
- ⊗ Person is vomiting and does not wake up.

*If any of these symptoms exist,  
Call for help IMMEDIATELY!*

## If Your Friend is Intoxicated:

- ⊗ Get your friend to a safe place.
- ⊗ Do not leave your friend alone; monitor breathing.
- ⊗ Turn your friend on his/her side to prevent choking.
- ⊗ Check for signs of alcohol poisoning  
If your friend needs help, **Call 911.**

## You Drink...You Drive...You Walk

It is illegal for a minor to drive while having any detectable amount of alcohol in the minor's system.

Possible penalties include:

- ⊗ Up to a \$2,000 fine.
- ⊗ Confinement in jail, up to 180 days
- ⊗ Driver's license suspension
- ⊗ Community Service
- ⊗ Alcohol Awareness Course

### YOU GIVE

Alcohol to anyone under 21

- ⊗ Anywhere, anytime
- ⊗ Even in your own home
- ⊗ Even with your parent's permission

### YOU GET

- ⊗ \$4,000 fine
- ⊗ 1 year in jail and
- ⊗ Driver's license suspended for 6 months

## When You Leave the Party...

- ⊗ Don't leave alone. If you arrived with a friend, don't leave them alone either.
- ⊗ Walk in well-lit areas.
- ⊗ Make sure you know people at the party.
- ⊗ Do not walk outside in public with an open container of alcohol.
- ⊗ Do not urinate in public.
- ⊗ If you walk home, be respectful of the community. Do not make loud noises, cause disturbances or damage property.
- ⊗ Place empty cans, cups or bottles in trash receptacles.
- ⊗ Make sure you park your vehicle legally in the neighborhood.

## Helpful Hints to Keep Your Party Safe

**Provide food and non-alcoholic beverages.**

- ⊗ Be a good host. Not everyone wants to drink alcohol.

**Don't let anyone Drink & Drive.**

- ⊗ Designate a driver; call a sober friend/taxi, or carpool.

**Don't let a person leave with someone they don't know.**

**Remember:** You can be held responsible for the actions of your guests!

## If You Drink...

- ⊗ Eat a good meal before drinking.
- ⊗ Avoid drinks of an unknown mixture.
- ⊗ Avoid letting others handle your drink.
- ⊗ Do not leave your drink unattended.
- ⊗ Do not play drinking games.
- ⊗ Never continue drinking if you have thrown up.



Be Rowdy! Be Responsible!

For additional information: (210) 458-4160

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