

FEBRUARY 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
			1 Total Conditioning 6 am Blue Studio Zumba - 5:30 pm Orange Studio Zumba 5:30 pm - DTC Zumba 6:15 pm - ITC	2 PiYo 6 am - Blue Studio Zumba 12:30 - Orange studio Triple 15 5:15 RWC 1.806 (SHS) Triple 15 5:30 - DTC	3 Circuit Training - 6 am - Blue Studio Free Friday @ RWC	4																																																																																				
5	6 Total Conditioning 6 am Blue Studio Zumba 12 pm--DTC Kickboxing - 5:30 - DTC Zumba 5:30 ITC	7 Turbo kick 6 am Blue Studio PiYo 12 pm - Orange Studio Circuit Training 12pm - DTC Circuit Training 5:15 pm RWC 1.806 (SHS) Strength Training 5:30 - DTC	8 Total Conditioning 6 am Blue Studio Zumba - 5:30 pm Orange Studio Zumba 5:30 pm - DTC Zumba 6:15 pm - ITC	9 PiYo 6 am - Blue Studio Zumba 12:30 - Orange studio Triple 15 5:15 RWC 1.806 (SHS) Triple 15 5:30 - DTC	10 Circuit Training - 6 am - Blue Studio Free Friday @ RWC	11																																																																																				
12	13 Total Conditioning 6 am Blue Studio Zumba 12 pm--DTC Demo Kitchen 5:30 Kickboxing - 5:30 - DTC Zumba 5:30 ITC	14 Turbo kick 6 am Blue Studio PiYo 12 pm - Orange Studio Circuit Training 12pm - DTC Circuit Training 5:15 pm RWC 1.806 (SHS) Strength Training 5:30 - DTC	15 Total Conditioning 6 am Blue Studio EAP Workshop 12pm UC 2.03.08 Anaqua Matter of the Heart Zumba - 5:30 pm Orange Studio Zumba 5:30 pm - DTC Zumba 6:15 pm - ITC	16 PiYo 6 am - Blue Studio Zumba 12:30 - Orange studio Triple 15 5:15 RWC 1.806 (SHS) Triple 15 5:30 - DTC	17 Circuit Training - 6 am - Blue Studio Free Friday @ RWC	18																																																																																				
19	20 Total Conditioning 6 am Blue Studio Zumba 12 pm--DTC Kickboxing - 5:30 - DTC Zumba 5:30 ITC	21 Turbo kick 6 am Blue Studio PiYo 12 pm - Orange Studio Circuit Training 12pm - DTC Circuit Training 5:15 pm RWC 1.806 (SHS)	22 Total Conditioning 6 am Blue Studio Zumba - 5:30 pm Orange Studio EAP Workshop 12pm DTC BV 4.301 B Matter of the Heart Zumba 5:30 pm - DTC Zumba 6:15 pm - ITC	23 PiYo 6 am - Blue Studio Zumba 12:30 - Orange studio Triple 15 5:15 RWC 1.806 (SHS) Triple 15 5:30 - DTC	24 Circuit Training - 6 am - Blue Studio Free Friday @ RWC	25																																																																																				
26	27 Total Conditioning 6 am Blue Studio Zumba 12 pm--DTC Kickboxing - 5:30 - DTC Zumba 5:30 ITC	28 Turbo kick 6 am Blue Studio PiYo 12 pm - Orange Studio Circuit Training 12pm - DTC Circuit Training 5:15 pm RWC 1.806 (SHS) Strength Training 5:30 - DTC	29 Total Conditioning 6 am Blue Studio Zumba - 5:30 pm Orange Studio Zumba 5:30 pm - DTC Zumba 6:15 pm - ITC																																																																																							
		January 2012 <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>		S	M	T	W	Th	F	Sa	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					March 2012 <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table>		S	M	T	W	Th	F	Sa					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Notes: www.vertex42.com
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