The fifth regular meeting of the Staff Council for the 2010-2011 academic year was held at the Institute of Texan Cultures in the Connally Conference Room and was called to order at 8:35 a.m. with Chair Cié Gee presiding.

Members present:
Alegra Lozano, Anne Jackson, Belinda Dovalina, Blanch Torres, Bradley Jones, Carey Eagan, Christi Fish, Cié Gee, Clay Haverland, Cynthia Orth, Diane Cordova, Eric Cooper, Gregory Frieden, Juan Noval, Laurie Long, Ray Gonzales, Ruby Rodriguez, Shannon Rios and Venetta Williams

Members absent (excused):
Amy Ramirez, Anne Macintosh Speights, Annie Maynes, Christopher Goldsberry, Elba Ramos, Gloria Harris, Mark Munguia, Rebecca Garza, Ruth Coates and Shirley Rowe

Members absent (unexcused):
Alfonzo Villarreal, Burt Reynolds, Henrietta Vasquez, Joleen Reynolds, Michael Witzel and Tammy Fernandez

Minutes from previous meeting:
Minutes were approved via e-mail

Old Business

Parking Construction Update, Clay Haverland
East Garage Specs
- 475,000+ square feet
- 1,200+ spaces, seven levels
- Mixed-use, coffee shop, gear shop
- Attendants and self-service pay (similar to South Garage)
- Entrance/exit on both sides. Parking & Transportation (P&T) will be able to completely empty the garage in 20 minutes.

Details
- The intersection of John Peace Blvd. and Margaret Tobin will become a four way intersection; a new road will be extended from the intersection behind the East Garage. It will serve as a construction access road at first but will be paved and lighted upon completion for public access.
- P&T is building the new garage in accordance to UTSA’s master plan. (We will not see any new surface parking lots built from now on.) Parking is
needed near the Main Building, the John Peace Library and the Business Building. We also need student and visitor parking on the north side of campus.

How will it affect me?
• Lots 3, 4 and 8 will be repainted starting February 19 or 20, so 24-Hour Reserved, Faculty/Staff A and Faculty/Staff B spaces will be displaced. In addition, students will lose approximately 350 spaces.
• Lot 4 will officially be closed on March 1.
• Communication has been good. UTSA Today has run stories about the changes. P&T is continually updating its website, the campus digital monitors, and its Facebook and Twitter feeds. Leaflets will go out telling how the changes will impact each type of parking pass holder. Signs have also been set up in the parking lots. On March 1 and 2, parking personnel will be on-hand to direct confused drivers.
• The new lot will encourage sustainability with LED light fixtures, motion activated lighting and charging stations.

Questions
• P&T will address parking challenges at the ITC, including parking disrepair and ticketing, but it does not yet have a firm timeline for doing so.
• Clay is available to speak at meetings between now and March 1 to address issues related to the construction of the East Parking Garage.

Staff Council Appreciation Award, Cié Gee
The Staff Council will present its Appreciation Award to the Enrollment Services Call Center at 10 a.m. on Friday, January 28. Those who are interested in participating should gather at 9:55 a.m. outside the Registrar’s Office on the Main Campus.

Staff Council will deliver its Appreciation Award to the Chief Information Officer office in February.

Christi Fish nominated the Laboratory Animal Resources Center (LARC) for the award for its efforts in earning AAALAC International accreditation, a voluntary accreditation for exemplary animal care programs. Her nomination includes UTSA’s veterinarian, Marcel Perrit-Gentil, and his staff, Luis Zorrilla, Jessica Kurz and Laurie Long. AAALAC accreditation is extremely difficult to earn and puts UTSA’s animal care program on a level with the animal care programs at the Red Cross, St. Jude, the NSF and other top organizations.

Amy Ramirez nominated Graduation Coordination for the Staff Council Award. She will tell us more about why she nominated them at our February meeting.

Additional nominations for the Staff Council Appreciation Award should be forwarded to Cié for consideration.
Committee Reports

Fundraising Committee: Cynthia Orth
Cindy Orth provided a recap of our January 24 bowling fundraiser, Strikes for Scholarships. The event went well. Attendees were almost entirely UTSA personnel and included 10 teams from Student Affairs and seven from OIT. All bowling lanes were sold out and four teams had to be turned away due to lack of space. Only six people were unpaid as of the evening of the event. Those who attended had a wonderful time.

The bowlers received a token goodie bag of UTSA-branded items. Cindy is calculating the scores now to determine the winners. Four teams will win prizes.

Cindy suggests that January is a better date than August for the fundraiser.

Income: $4,314
Expenses: $1,601
Net: $2,713 (See attachment for details.)

Scholarship Committee: Various
Per Cindy Orth, the memorandum of understanding (MOU) for the Staff Council scholarship has been signed, so we will officially be able to award two $500 scholarships for staff who are UTSA undergraduates and two $500 scholarships for staff who are UTSA graduate students. Promotion of the Staff Council scholarship has already begun, so we are ahead of where we were last year.

Cié Gee mentioned that Christopher Goldsberry has access to a database that will give us a list of all of the UTSA staff who are also UTSA students. That will allow us to target communications to people who would be interested in the scholarship.

Applicants must fill out the General Scholarship Form and include an essay to be eligible for consideration. The deadline is February 15, 2010.

New Business

University Excellence Awards, April 12: Cié Gee
Cié has been approached about having Staff Council take a more active role in the awards ceremony and agrees it would be a good idea. She encourages Staff Council members to attend and show their support. Staff Council may also help with the event.

Guest Speaker
Rowdy New U
Kristee Phelps, Wellness Coordinator, Environmental Health, Safety & Risk Management (x6102)  
http://www.utsa.edu/safety/?section=wellness

Kristee Phelps served as the guest speaker at the January Staff Council meeting to discuss Rowdy New U, UTSA’s wellness program for staff and faculty.

Key Points:
- A healthy lifestyle is a choice. It’s not just about losing weight.
- Heart disease kills more people than any other disease in the U.S. (Cancer is #2.)
- Esophageal cancer is one of most prevalent cancers. It is caused by acid reflux, a consequence of obesity and smoking.
- Chronic diseases common among Americans include diabetes, HIV/AIDS, stroke, asthma and arthritis.
- Common causes for chronic disease include poor nutrition, lack of exercise and bad habits (smoking/drinking).
- Physical activity guidelines recommend 150 minutes of moderate aerobic activity (or five 30-minute aerobic periods) per week. Two of the five need to be committed to resistance training, which helps create bone density and muscle mass in addition to burning fat and calories. Or, you can do 75 minutes of strenuous activity plus two days of resistance training.
- Double the guidelines above if you want to lose weight (one hour/day of aerobic activity five days a week).
- The Department of Health & Human Services recommends five servings of fruits and vegetables each day.
- Per the DHHS, an adult’s total cholesterol should be less than 200. HDL is the good cholesterol. It should be above 60. It is affected positively by exercise, vegetables, fish oils, extra virgin olive oils, etc. LDL is the bad cholesterol. It should be under 100.
- Rowdy New U teaches you to change your behavior. Weight loss is a byproduct of the program.

Reminders

February Meeting
Staff Council’s February meeting will be held on the UTSA Main Campus in the Registrar’s Conference Room.

Meeting adjourned at 10:44 a.m.

Minutes submitted by Christi Fish, Staff Council Secretary