

## Transcript for Matt Hinojosa

### **Question 1: Tell us your name and a little about yourself:**

**Matt:** Hi, my name is Matt Hinojosa. I'm a junior at UTSA I'm a double Mexican American Studies and Anthropology major.

### **Question 2: How do you define resilience?**

**Matt:** Resilience for me has been the ability to get myself back up after experiencing you know troubles in life. Troubles academically, professionally, artistically, spiritually, however like with relationships however, they may present themselves. And not-not on my own, you know not on my own accord of course, with the help of many really good people

### **Question 3: Describe a challenging issue and how you handled it.**

**Matt:** I struggled with addiction for years. I struggled with arrests. I struggled financially. I found community within the recovery scene around the city and then I transferred to UTSA and I found community here through the recovery center and through our First Gen program and through our G-Force program and so having these-these different networks of really positive people kind of have been the cornerstones of what has put me on this positive new path in life.

### **Question 4: What specific skills did you use to manage this challenge?**

**Matt:** Having the networks I have, being able to pursue artistic projects that I am really passionate about that I am able to do now. Basically, being artistically, politically, spiritually engaged like in different networks. I'm in the 12-step community so being of service to other recovering addicts and alcoholics is paramount to my own well-being that's something that- that I'm very grateful to be a part of and yeah being engaged overall.

### **Question 5: Looking back, what would you have done differently?**

**Matt:** I would say I would have gotten involved with community a lot earlier on when I first came to UTSA or, yeah when I first started my college career cause the first like 3 maybe 4 years were pretty hard not just with like- not just with college but with work and life and you know all these-all these things coming up I would say I would have definitely gotten involved with community a lot earlier on.