

# Schedule of Events

#utsarec #recday

## Downtown Campus: Monday, February 23

- **Step N' Core**  
12pm - 1pm DB 3.202
- **Cycle 50**  
6pm - 7pm DB 3.202

## Main Campus: Monday, February 23

- **Trail Mix Bar**  
3pm - 6pm, Game Lounge
- **Row Competition**  
3pm - 6pm, Core Area
- **IM Free Throw**  
4pm - 6pm, Rec Court
- **Total Body Toning**  
4pm - 5pm, Rec Studio
- **Cardio Grooves**  
5pm - 5:50pm, Rec Studio
- **Yoga**  
5:30pm - 6:30pm, Orange Studio
- **Core**  
6pm - 6:20pm, Rec Studio



**NIRSA** ★ National  
**Recreational  
Sports &  
Fitness**  
Day ★ Feb. 23, 2015

**UTSA**   
**CAMPUS RECREATION**  
campusrec.utsa.edu #utsarec