Do you perceive your perception perceptively?

- Cié Gee

what i feel like when i stop at a red light next to the ladies

What i really look like
About this presentation:

- The definition of perception
- The mental process of perceiving
- Why you are wrong ... a lot
- Breaking barriers to perception
What is perception?

- Perception – result of perceiving
- Perceive – to attain awareness of understanding of; to become aware through senses

*Physical sensation interpreted in the light of ________*

Experience
Perceive
Organize
Process
How we see reality

How reality really is
Past Experiences

Cié – circa 1983

Not Cié 😊
Culture

[Images of a person with goats and a person standing in front of a cathedral]
Selectiveness

Exposure  Attention  Retention

Sam  Noah
How can these barriers effect us in our everyday interactions here at UTSA?
How do I perceive perceptively?

Watch out for these traps!
How you **WISH** things were.

How you think things **SHOULD** be.

Assumptions.
Learn self-awareness.

Your attitude at any given moment in time.

Fear, anger, jealousy and other strong emotions which distort thinking.

Emotions are contagious.
Believing how things have always been in the past is the way they are now, and forever will be....until the end of time.

Hearing what you WANT to hear instead of what's actually being said.
Thank you!

How we feel...
... How we really look

Zumba!

How I feel walking
Away from a strike in bowling

What I feel like:

What I actually look like:

After I prove someone wrong...