S.M.A.R.T. Goals

**Specific**
Describe your goal.

**Measurable**
How will you track your progress?

**Timely**
When will you reach your goal?

**Realistic**
List skills needed to reach your goal:
1.
2.
3.

**Achievable**
List 3 steps to reaching your goal:
1.
2.
3.