The 5 Rs of Textbook Reading

Read Selectively
- What is the main purpose of this chapter?
- Start by previewing the chapter.
- Look over chapter outline and summaries
- Look over headings, subheadings, charts, and illustrations
- Master the technical vocabulary
- Break up your readings into sections

Record
- Write down:
  - Your questions, take notes, make outlines, use webbing, retention diagrams, note cards

Recite
- Go over your questions.
- Say the answers in your own words.
- Do you really understand what the book is saying?

Reflect
- Can you answer those higher level questions?
- Can you make connections?
- Do you see patterns?
- Can you relate the material to examples?

Review
- Review on a regular basis.
- Utilize website review material, practice quizzes on CD, go to study groups.