Test Prep Checklist

___ I began preparation for the test when we first covered the material in class.
___ I know whether it is a quiz, test, or major exam.
___ I know what material will be covered.
___ I know how many questions will be on the test.
___ I know how long the test will take.
___ I know what kind of questions will be on the test.
___ I know how the test will be graded.
___ I have studied practice questions or problems for the test.
___ I formed or participated in a study group (such as an SI group).
___ I used different, appropriate study strategies for different types of questions.
___ I re-organized my class notes.
___ I summarized information from my notes and/or the textbook in my own words.
___ I used two or more of my senses to engage in studying the material (i.e., sight, hearing, taste, touch, smell).
___ I created my own test questions from the material and practiced answering them.
___ I got plenty of sleep the week of – and the night before - the test.

Score:
14-16   Excellent preparation
11-13   Good preparation; consider trying some new strategies
8-10    Need to improve; incorporate more test preparation & study strategies
Below 7 Meet with an Academic Success Coach to build your strategies!