February is Dating Violence Prevention Month

Dating violence can refer to physical violence, such as pushing, grabbing, shoving, slapping, kicking, biting, hitting, beating up, or using (or threatening to use) a knife or gun. It often refers to sexual violence, a broad term covering sexual assault, abuse, aggression, coercion, and rape. Dating violence also encompasses stalking—willful and repeated harassment that instills fear in the victim. Stalking behaviors may include following the victim, waiting for and watching the victim, showering the victim with unwanted attention or gifts, threatening to hurt the victim, and using technology such as hidden cameras to track the victim’s whereabouts.

As reported in the Campus Dating Violence Fact Sheet published by the National Center for Victims of Crime (NCVC), 32% of college students report dating violence by a previous partner; 21% report violence by a current partner; and 51% of college males admit perpetrating one or more sexual assault incidents during college. With such staggering figures, it’s good to know where and how to get help if you, or someone you know, has experienced (or is experiencing) dating violence.

Make Sure You’re Safe: If you, or a friend, has experienced dating violence of any kind, make sure you are in a safe place before doing anything else. If you need to, crash at someone else’s apartment.

Talk to Someone: Talking to someone is one of the best things you can do for yourself or your friend.

On-campus resources: The UTSA Counseling Center and the Women’s Resource Center are excellent on-campus resources with licensed counselors to help you deal with this issue. Call them at 458-4142.

Off-campus resources: San Antonio Police Department’s Victims’ Advocacy Office at 207-2141 or the Bexar County Women’s Shelter at 733-8810 are both great resources.

If you’re not sure what’s provided in your community, you can call the National Domestic Violence Hotline at 1-800-799-SAFE.

References: about.com, ncbs.org & acadv.org

UTSA Women’s Resource Center Is a Campus Resource

The Women’s Resource Center is a safe space on campus where students can learn more about many of the issues affecting women today including sexual assault and relationship violence. Although the primary focus is on women’s issues, The Women’s Resource Center provides both men and women of the UTSA community with an equal opportunity for growth and development. The Women’s Resource Center’s mission is to provide the campus with the resources, services, and knowledge of women’s issues so that all members of the campus community will represent UTSA as a campus of character, competence, integrity and tolerance. The WRC has resources such as a Resource Library with books and videos on relationships and sexual assault issues, brochures & pamphlets, support groups and educational presentations.

The C.U.R.E. (Campus United for Respect and Education) peer education group is a part of the WRC. This peer education organization is designed to provide the University community with information on health relationships, sexual violence and mental health. Any one interested in joining can contact the WRC.

The Women’s Resource Center is located at Rec Wellness Center room 1.812 and the phone number is 458-6829. Brittany Biley and Tenille Jones are Peer Educators for the WRC and are the main contacts. They invite you to visit our center in person to further familiarize yourself with our staff, services, and resources.

References: UTSA Women’s Resource Center Website, UTSA Student Affairs website

Clothesline Project 2010
Women affected by violence can express their emotions by decorating a shirt
Photo: UTSA Women’s Resource Center

References: about.com, ncbs.org & acadv.org

UTSA Office of Business Affairs: Your Partner for Successful Solutions!
UTSA Addresses Behavioral Concerns

Believe it or not, there are many persons with psychological challenges on our campus every day. It doesn’t mean that they’re going act in a violent way. I understand the fear, but sometimes it can be fueled by misinformation and misunderstanding.

The chance of a shooting or homicide on a college campus is, in fact, very low. According to national statistics, the number of murders on a college or university campus went from 16 in 2004, to 11 in 2005, all the way down to 8 in 2006. Violence, in itself, is rare. We know that one of the predictors of violent behavior in a person is that there have been incidents of violence occurring in the past. I think that it is very important for the entire UTSA community to come together to prevent violence through every reasonable means possible.

The bottom line is this: our community should not develop a bias towards people with psychological challenges. We need to address the behavior, or change in the behavior of a person. I think that every person in our community has a responsibility for the well-being of our campus. We at UTSA have many resources available to address a person in crisis. If a member of our community hears a concern from a friend, classmate, instructor or advisor, they should reach out to a professional immediately.

Our community is lucky enough to have a reporting mechanism available 24/7. After the tragedy at Virginia Tech University, UTSA formed an interdisciplinary process that includes staff from the Office of Student Life, Counseling Services, Academic Affairs, Human Resources and UTSAPD that can respectfully, confidentially and professionally respond to concerns that our community may have. If you see an emergency on campus, you should immediately dial 911 or 458-4911. If you have a concern about a member of our community, please reach out to us at www.utsa.edu/bit.

Employee Kudos: Lorenzo Sanchez and Rebecca Gomez received a Certificate of Achievement in completing the Introduction to Management Supervisor Series at UTSA. Way to go Lorenzo and Rebecca! Way to go!

Officer Piepho’s Crime Prevention Tip of the Month

 Dating Violence Warning Signs
- Calls you names and puts you down in front of others;
- Acts extremely jealous of others who pay attention to you;

Spotlight On: Anger and Assaultive Behavior

At some point in our lives, almost everyone experiences anger from time to time. Anger is a powerful, but completely healthy, human emotion that we naturally experience. Anger is often thought to be a negative emotion that results in aggressive behavior. But anger can actually be helpful. It can motivate us to overcome obstacles or solve problems. However, if we fail to deal with our anger effectively, it can propel us into inappropriate behaviors. Anger becomes unhealthy when it interferes with your daily life or relationships. Anger may be a problem if you feel out of control or physically attack someone when you are angry.

What causes you to get angry? The most common sources of anger are frustration, disappointment and threats to our sense of security. The common thread that runs through all of these is fear. Anger is an aggressive emotion that allows you to direct energy outwards.

Striking someone when you are angry because you are provoked by another’s words or deeds (unless you are protecting yourself against life threatening violence) isn’t self-defense – it is assault. You might say “he made me do it” but the law says you can be arrested. So, think long and hard before you throw that punch, threaten a person with bodily injury, shove or slap someone. Being arrested, hauled off to jail, fined and taken to court is a learning experience we hope you will never endure.

Assault can be prosecuted as either a misdemeanor or a felony - depending upon the nature and seriousness of the injuries. Assault can also be the threat of violence upon another person. A person need not be injured to be the victim of an assault.

Listed below are steps you can take to handle anger effectively.

- Telling you what to wear;
- Controls what you do, constantly calling or texting you demanding to know where and who you have been with; or
- Threatening to hurt your or has already hurt you.

Love doesn’t have to hurt. There are places you can go for help. Contact UTSA at (210) 458-4911 and/or Counseling Services at (210) 458-4140 if you or someone you know is being abused.
Safety Highlights Lorenzo D. Sanchez, MPA (UTSA Director of Emergency Management)

Cyber Security for Smart Devices

The internet is at our fingertips with the widespread use of internet-enabled devices such as smart phones and tablets. When traveling and shopping anytime, consider the wireless network you are using when you complete transactions on your device.

Know the risks: Your smart phone, tablet, or other device is a full-fledged computer. It is susceptible to risks inherent in online transactions. When shopping, banking, or sharing personal information online, take the same precautions with your smart phone or other device that you do with your personal computer — and then some.

The mobile nature of these devices means that you should also take precautions for the physical security of your device and consider the way you are accessing the internet.

Do not use public Wi-Fi networks: Avoid using open Wi-Fi networks to conduct personal business, bank, or shop online. Open Wi-Fi networks at places such as airports, coffee shops, and other public locations present an opportunity for attackers to intercept sensitive information that you would provide to complete an online transaction.

If you simply must check your bank balance or make an online purchase while you are traveling, turn off your device’s Wi-Fi connection and use your mobile device’s cellular data internet connection instead of making the transaction over an unsecure Wi-Fi network. Turn off Bluetooth when not in use: Bluetooth-enabled accessories can be helpful, such as earpieces for hands-free talking and external keyboards for ease of typing. When these devices are not in use, turn off the Bluetooth setting on your phone. Cybercriminals have the capability to pair with your phone’s open Bluetooth connection when you are not using it and steal personal information.

Be cautious when charging: Avoid connecting your mobile device to any computer or charging station that you do not control, such as a charging station at an airport terminal or a shared computer at a library. Connecting a mobile device to a computer using a USB cable can allow software running on that computer to interact with the phone in ways that a user may not anticipate. As a result, a malicious computer could gain access to your sensitive data or install new software.

Don’t Fall Victim to Phishing Scams If you are in the shopping mode, an email that appears to be from a legitimate retailer might be difficult to resist. If the deal looks too good to be true, or the link in the email or attachment to the text seems suspicious, do not click on it! What to do if your accounts are compromised: If you notice that one of your online accounts has been hacked, call the bank, store, or credit card company that owns your account.

Reporting fraud in a timely manner helps minimize the impact and lessens your personal liability. You should also change your account passwords for any online services associated with your mobile device using a different computer that you control. If you are the victim of identity theft, additional information is available from http://www.idtheft.gov/.

Detective Time by Sgt. Thomas Calucci (Supervisor, Criminal Investigations)

For this month’s edition of the Runnerbeat, I’m going to pull an old article I wrote from the archives. This article seems appropriate as we have been investigating several thefts this month where property was left unattended.

Hello UTSA community. I have a problem. I don’t have a job and I need to find money somewhere. I need to steal to make money because I have an addiction. You see, I am addicted to heroin…crack cocaine…marijuana. This stuff is not cheap so I need to find an easy place to steal expensive things. I can’t pawn anything anymore since I got busted the last time. I think I’ll go hit a university campus. Why not UTSA…they’re pretty big and I’m sure I can get away with it there. I know those people won’t mind if I take a few laptops or some of their textbooks.

It turns out that it’s pretty easy to steal here. For some reason, the students here leave stuff all around for me to grab. I found one laptop yesterday that had just been lying there for about 30 minutes. I know that I can take it over to the flea market and get a couple hundred bucks for it. This money might last me for a day or two, but I’ll need to come back later to find some more stuff. Thanks UTSA for making it easy.

If you think this is a farfetched story, you are absolutely wrong. Almost every day we deal with crooks that have come and helped themselves to your things. I wish that every person in our community could witness a confession from a bad guy we bring in to interview. It would truly amaze you.

We at the UTSAPD try and give you every tool to keep your items safe. If you don’t know about these programs, either check our website or contact our Crime Prevention Officers.
Schedule of Events For February 2012

**Thursday Feb. 9, 2012**
**Coffee with the Cops**
Begins 6:00 am at UC Starbucks
The UTSAPD Crime Prevention Unit will be at the JPL Starbucks. Come have some coffee with us!

**Wednesday Feb. 15, 2012**
**Women’s Self Defense**
Begins 9:00 am at Rec Center
Learn the basics of self-defense while incorporating techniques from a beginner-level martial arts class.

**Thursday Feb. 16, 2012**
**SD350: Personal Safety**
10:00 am at Univ. Heights
Find out how to reduce your risks of becoming a victim of crime both on and off campus.

**Saturday Feb. 25, 2012**
**Diploma Dash**
7:00 am at Convo Center
Join the fun in this 5K race at the Main Campus. Participation in the Diploma Dash supports scholarships and alumni programs.

Lost and Found

All found property that is turned in to the University Police Lost & Found section is stored at the University Police Lost & Found for 60 days. After 60 days, the found property is transferred to the Surplus Property Department for public auctions or further disposition.

To report lost property items or to make inquiries regarding lost property call 210.458.6247 (Monday to Friday; 8am to 5pm).

To claim found property items, individuals must present a valid Texas Driver’s license, UTSA photo ID card or a valid photo ID card from another source; military ID or another state photo ID card. Individuals must be able to accurately describe the property that was lost in order to claim property from the lost & found section.

**NOTE—Departments, please promptly turn in any lost and found items you may have so we can return them to their owners in a timely fashion.**

The below listed items are currently being held by UTSAPD. If not claimed in 30 days, they will be disposed of in accordance with policy.

<table>
<thead>
<tr>
<th>Qty</th>
<th>Item</th>
<th>Description</th>
<th>Qty</th>
<th>Item</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td></td>
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<td>Various Brands &amp; Colors</td>
<td>1</td>
<td>poster</td>
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<tr>
<td></td>
<td>(23) Books/ Binders</td>
<td>Various Titles &amp; Brands</td>
<td></td>
<td>(12) Prescription glasses/ Sunglasses</td>
<td>Various Brands, Colors &amp; Styles</td>
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<td>Various brands/colors</td>
<td>9</td>
<td>Keys</td>
<td>Various Types, Styles &amp; Colors</td>
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<td>Texas under 21 IDS</td>
<td>For Gekai Halton &amp; Arturo B. Garcia</td>
<td>1</td>
<td>Skateboard</td>
<td>Black top &amp; red wheels</td>
</tr>
<tr>
<td>1</td>
<td>Excel Academy ID</td>
<td>For Jennifer Lara</td>
<td>3</td>
<td>Umbrellas</td>
<td>Various Colors</td>
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<tr>
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<td>For Angelica S.Espinoza</td>
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<tr>
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<td>Bag of tools</td>
<td>No name</td>
<td>7</td>
<td>Jackets/sweaters</td>
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<tr>
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<td>cells</td>
<td>1 LG &amp; 1 Samsung T Mobile</td>
<td>1</td>
<td>Stole of gratitude from graduation</td>
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<tr>
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<td>Various brands</td>
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<td>Beautiful multi colored scarf</td>
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<tr>
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<td>Polaroid TV from a dorm room</td>
<td>No name</td>
<td>1</td>
<td>Brown purse</td>
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</tr>
<tr>
<td>1</td>
<td>Bucket of change</td>
<td>No name</td>
<td></td>
<td></td>
<td></td>
</tr>
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<td>Electronics</td>
<td>(1) Chargers, (1) camera (Lots of) CDs/ DVDs, (3) headphones</td>
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</tr>
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</table>

Crime Report for the Month of January 2012

The below is a summary of the crimes that occurred as of January 31. For more information, go to www.utsa.edu/utsapd and click on Crime Stats.

Thefts = 12
Alcohol Arrests = 25

Burglary of Vehicle = 2
Drug Arrests = 19

Assaults = 3
DWI/DUI Arrests = 7

Theft of Motor Vehicle = 0
Other Crimes = 10

Secure It Keep It Campaign Begins for 2012

The UTSA Police Department presents again the “Secure It, Keep It” program, an anti-theft awareness campaign. The purpose of the campaign is to decrease theft on campus by creating awareness among students, faculty and staff to secure their belongings and avoid potential theft. Trends show that most thefts occur on campus prior to the start of spring break and early in the fall semester. The “Secure It, Keep It” campaign is beginning to show signs that it is working to create awareness on campus.
Stressed Out? Practical Tips for You to Reduce Stress (by Sgt. Joe LoBrutto)

Many of us are going to school, working, in relationships, or otherwise busy with the many responsibilities of life. We go, go, go and are wise busy with the many responsibilities of life. We go, go, go and are wise busy with the many responsibilities of life. We go, go, go and are wise busy with the many responsibilities of life. We go, go, go and are wise busy with the many responsibilities of life. We go, go, go and are wise busy with the many responsibilities of life. We go, go, go and are wise busy with the many responsibilities of life. We go, go, go and are wise busy with the many responsibilities of life. We go, go, go and are wise busy with the many responsibilities of life.

Take time to reduce stress
Picture from 2011 UTSA Diploma Dash
Photos: UTSA Website

Chief Barrera Says: Debbie Riley, DTC Associate Bursar, writes on Willie Lowak (Access Control Assistant): “Thanks for the assistance. Willie’s customer service was excellent and much appreciated.” Thank you Willie for taking great care of our customers.

Protect Your Bike From Theft
One of the best ways to get around campus is on a bike. Unfortunately, bicycles are very easy to steal because most owners leave the bike unlocked or improperly lock the bike. Keep your bicycle locked at all times, and use a strong lock. Use a case-hardened U-type lock. Weak or inexpensive locks will not deter a thief. Make sure to fill up as much space inside the “U” as possible. If you notice someone “hanging around” a bicycle rack, report this to UTSA-PD. Call 210.458.4911 if you notice suspicious people anywhere on campus. Engrave your bicycle with your driver’s license number. Your driver’s license number is a recognizable identifier that a police department would be able to use to try to get your bicycle back to you. Record your bicycle’s make, model and serial number and store this information in a safe place. In case it is stolen, you will have this information available.

The Bottom Line by Chief Steve Barrera
This month’s Runner Beat issue is dedicated to preventing dating violence. It seems we sometimes hear and read of movie stars or celebrities being stalked and harassed by admirers, but it occurs more often than you think in our everyday society. No one should have to live in fear or under the threat of someone else harming them. Many times this may occur when someone is not interested in seeing or dating another person and the spurned person refuses to accept that. It can then develop into a situation where a person is either being harassed, stalked, threatened, or physically assaulted by this person. Obviously, this is not normal behavior and needs to be reported to the police for your safety and to investigate if a crime has actually occurred. The police department has many services designed to protect students, faculty or staff that may be in this type of a situation. We offer and teach personal safety and self-defense courses throughout the year. We also provide safety escorts while on campus for anyone requesting an escort when they walk to and from their vehicles, especially during evening hours. A personal safety plan to enhance your safety while on campus can also be developed for you. If you reside on campus and feel threatened we can conduct special patrol checks to provide additional security. We also have a behavioral intervention team that meets regularly to assess situations where someone may be in need of mental health services. In conclusion, I want to let everyone know that if you ever find yourself or a friend in such a situation, there is help. Please don’t hesitate to seek our assistance. That’s why we are here, to serve and protect.