The University of Texas at San Antonio Office of Risk and Emergency Management

Bloodborne Pathogen Exposure Control Plan

i. Review & Signature Page

This version of this Bloodborne Pathogens Exposure Control Plan has been reviewed for regulatory compliance and best management practices by the undersigned individuals and is hereby adopted for use and compliance by all employees at all University of Texas at San Antonio owned or operated facilities.

Printed Name	Signature	Title	Date
Jason S. Dempsey	Signature on File	Executive Director, OREM	01/05/2023
Jolyn Demarest	Signature on File	Occupational Health Coordinator	01/05/2023

Original:	November 2006
Revision:	May 2012
Replaces:	April 2011
Revision:	May 2015
Replaces:	May 2012
Revision:	May 2019
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Replaces:	May 2019

This plan was reviewed/revised 1/5/2023 and replaces the May 2019 version. Changes to this plan are summarized below:

- i Department name change to Office of Risk and Emergency Management (OREM)
- ii Remove Occupational Health and Wellness Manager
- iii Changed "Laboratory Safety Manager" to "The Laboratory Safety Division and Research Compliance"/ Added additional contact number
- iv Change "Environmental & Construction Safety Manager" to "Hazardous Waste Manager"
- v Updated Workers' Compensation Packet Link
- vi Updated link to Contaminated sharps form
- vii Updated biological waste pick request information
- viii Updated training information and links for researchers
- ix Added Wellness 360 link

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iii. Emergency Contacts and Exposure Procedures

Office of Risk and Emergency Management (OREM) General inquiries	458-5250
Occupational Health Program (OHP) Hepatitis B vaccination administration	458-5304
Risk and Claims Analyst/Workers' Compensation Coordinator Exposure control	458-8178
The Laboratory Safety Division and Research Compliance Exposure control (Academic and research settings)	458-8515/458-5808
Risk and Life Safety Manager Emergency response	458-4420
Hazardous Waste Manager Biohazard waste management	458-5808

Emergency Exposure Procedures

If you are exposed to blood or body fluids:

- Wash your hands and any contact areas immediately for <u>at least</u> 20 seconds with soap and running water.
- If eyes, nose or inside of your mouth were exposed, flush with copious amounts of water for at least 15 minutes.
- Notify your supervisor.
- Seek medical evaluation and treatment within two hours of your exposure with a physician familiar with occupational medicine (contact the Workers' Compensation Coordinator for appropriate paperwork and choose a provider from the <u>IMO Select Network</u>).
- Complete the <u>Workers' Compensation Insurance Packet</u>.
- Call OREM at extension 5250 to report the incident and for information about counseling and education related to your exposure.
- If the exposure occurred as a result of contact with a contaminated sharp, the employee and supervisor must also complete <u>Contaminated Sharps Injury Reporting Form</u>.

This form, also available in Appendix C of the ECP, should be forwarded as soon as possible to the OREM Workers' Compensation Coordinator (fax to 458-7450) for

recording in the sharps injury log and transmittal to the Texas Department of State Health Services, Health Service Region 8, San Antonio.

If a spill or contamination to a work surface occurs:

- Put on gloves and any other appropriate PPE.
- Decontaminate work surface following spill kit instructions or use an appropriate disinfectant and allow a minimum of 15 minutes contact time.
 - Spills should be soaked up with absorbent material (i.e., paper towels), and disinfected with an appropriate disinfecting solution, such as ten parts water to one part bleach, or other EPA-approved "hospital tuberculocidal" or "mycobacteriocidal" disinfectant.
 - Facilities Housekeeping currently uses "Disolv," which is suitable for human blood/body fluid spills (Bactericidal, Virucidal and Fungicidal).
- Use other appropriate equipment such as a brush, scooper, tongs, forceps and/or dust pan to pick up decontaminated material or broken glassware to prevent direct contact.
- Dispose of used PPE and clean-up materials in appropriate biohazard container.
- Report spills and contamination to your supervisor.
- Biological Waste Pick-up requests should be submitted through <u>BioRaft</u>. If you do not have access to BioRaft, contact the <u>Hazardous Waste Management</u> at 458-5808.
- Do not use, repair, or put back into service any equipment that has been contaminated with blood or other potentially infectious materials (OPIM) until it has been appropriately decontaminated.

I. Overview and Purpose

This plan is provided by the Office of Risk and Emergency Management (OREM) to be analogous with Title 29 Code of Federal Regulation §1910.1030, Occupational Safety and Health Administration (OSHA), Bloodborne Pathogens Standard as specified in Health and Safety Code, §81.304. This exposure control plan (ECP) is adopted as the minimum standard to implement the Bloodborne Pathogens Exposure Control Plan required in Texas Health and Safety Code, Chapter 81, Subchapter H, §81.304.

II. Scope

These minimum standards apply to employees of the University of Texas at San Antonio (UTSA) who have a risk of occupational exposure to blood or other potentially infectious materials (OPIM); or in connection with exposure to contaminated sharps. This Exposure Control Plan (ECP) applies to all employees at all UTSA owned or operated facilities. Students who are not employees are not covered by this ECP. See Appendix D for more information.

III. Periodic Review

This plan will be reviewed yearly, update and note revisions as necessary, and document when accomplished.

IV. Responsibilities

Departments may provide a separate ECP that is particular to their needs upon review and approval by the OREM.

Employees are required to follow the guidelines and procedures set forth in the ECP to include reporting of all sharps injuries or other potential exposures to bloodborne pathogens.

Supervisors are required to ensure all their employees to whom this ECP applies receive appropriate bloodborne pathogens training as listed in section VIII of this ECP and that those employees be enrolled in the UTSA Occupational Health Program (OHP) and be offered the Hepatitis B Virus vaccine within 10 working days of first being required to perform duties that put them at risk of potential exposure to a bloodborne pathogen.

V. Employee Exposure Determination

The Texas Department of State Health Services (department) Bloodborne Pathogens Exposure Control Plan (plan) requires UTSA to perform an exposure determination for employees who have occupational exposure to blood or other potentially infectious materials. The exposure determination is made without regard to the use of personal protective equipment. This exposure determination is required to list all job classifications in which employees have occupational exposure, regardless of frequency.

At The University of Texas at San Antonio, the Exposure Control Plan applies to the following job classifications:

- a) Health care clinical staff
- b) Police officers and guards
- c) Lifeguards
- d) Child care staff
- e) Plumbers
- f) Housekeepers and Building Attendants
- g) Emergency Responders
- h) Athletic trainers

The job descriptions for the above employees encompass the potential occupational exposure risks to bloodborne pathogens. This list is not exhaustive and other departments may also apply if they perform activities meeting the exposure risk described above.

VI. Implementation Schedule and Methodology

A. COMPLIANCE METHODS

Departments ensure that employees observe universal precautions to prevent contact with blood or other potentially infectious materials. Departments ensure that employees consider all blood or other potentially infectious material infectious regardless of the perceived status of the source individual.

Departments apply engineering and work practice controls to eliminate or minimize exposure to employees. Where occupational exposure remains after a department has instituted these controls, departments ensure that employees use personal protective equipment. Examples include safety design devices, sharps containers, needleless systems, sharps with engineered sharps injury protection for employees, passing instruments in a neutral zone, etc.

Supervisors and workers examine and maintain engineering and work practice controls within the work center on a regular schedule.

Handwashing facilities are also available to the employees who incur exposure to blood or other potentially infectious materials. The department's plan requires that these facilities be readily accessible after incurring exposure.

Employees shall familiarize themselves with the nearest hand washing facilities for the buildings in which they work.

If handwashing facilities are not feasible, the department shall provide either an antiseptic cleanser in conjunction with a clean cloth/paper towels, antiseptic towelettes or waterless hand sanitizer. Do not use bleach or other harsh chemicals that can degrade tissues.

If these alternatives are used, then the hands are to be washed with soap and running water as soon as feasible.

After removal of personal protective gloves, employees wash hands and any other potentially contaminated skin area immediately or as soon as feasible with soap and water. If employees incur exposure to their skin or mucous membranes, then those areas are washed with soap and water or flushed with water as appropriate as soon as feasible following contact.

B. NEEDLES

Contaminated needles and other contaminated sharps shall not be bent, recapped, removed, sheared, or purposely broken. This plan grants an exception to this requirement if no alternative is feasible and the action is required by a specific medical procedure. If such action is required, then the recapping or removal of the needle must be done by the use of a device or a one-handed technique.

Employees who encounter improperly disposed needles shall notify OREM and the area supervisor or lab manager of the location of the needle(s). Needles are to be disposed of in labeled sharps containers provided at the location. If sharps containers are not available at that location, OREM will pick up and dispose of the needles in an appropriate, labeled sharps container.

C. CONTAMINATED SHARPS DISCARDING AND CONTAINMENT

Contaminated sharps are discarded immediately or as soon as feasible in containers that are closable, puncture resistant, leakproof on sides and bottom, and biohazard labeled or color-coded.

During use, containers for contaminated sharps shall be easily accessible to personnel; located as close as is feasible to the immediate area where sharps are being used or can be reasonably anticipated to be found (e.g., laundries); maintained upright throughout use; and are not allowed to be overfilled. Sharps containers should be replaced regularly as they become brittle over time and can become an additional hazard (especially sharps containers stored in a BSC under UV light).

When containers of contaminated sharps are being moved from the area of use or discovery, the containers shall be closed immediately before removal or replacement to prevent spillage or protrusion of contents during handling, storage, transport, or shipping.

D. WORK AREA RESTRICTIONS

In work areas where there is a reasonable likelihood of exposure to blood or other potentially infectious materials, employees are not to eat, drink, apply cosmetics or lip balm, smoke, or handle contact lenses. Food and beverages are not to be kept in refrigerators, freezers, shelves, cabinets, or on counter/bench tops where blood or other potentially infectious materials are present.

Mouth pipetting/suctioning of blood or other potentially infectious materials is prohibited.

All procedures are conducted in a manner to minimize splashing, spraying, splattering, and generation of droplets of blood or other potentially infectious materials.

E. COLLECTION OF SPECIMENS

Specimens of blood or other potentially infectious materials are placed in a container, which prevents leakage during the collection, handling, processing, storage, transport, or shipping of the specimens.

The container used for this purpose is labeled with a biohazard label or color-coded unless universal precautions are used throughout the procedure and the specimens and containers remain in the facility.

Specimens of blood and other potentially infectious body substances or fluids are usually collected within a hospital, doctor's office, clinic, or laboratory setting. Employees are required to label these specimens according to departmental procedure. These procedures should address placing the specimen in a container, which prevents leakage during the collection, handling, processing, storage, transport, or shipping of the specimens. In facilities where specimen containers are sent to other facilities and/or universal precautions are not used throughout the procedure, a biohazard or color- coded label should be affixed to the outside of the container.

If outside contamination of the primary container occurs, the primary container is placed within a secondary container, which prevents leakage during the handling, processing, storage, transport, or shipping of the specimen. The secondary container is labeled with a biohazard label or color-coded.

Any specimen, which could puncture a primary container, is placed within a secondary container, which is puncture proof.

F. CONTAMINATED EQUIPMENT

Employees must examine equipment which may become contaminated with blood or other potentially infectious materials prior to servicing or shipping and decontaminated as necessary unless the decontamination of the equipment is not feasible. Employees must place a biohazard label on all portions of contaminated equipment that remain to inform employees, service representatives, and/or the manufacturer, as appropriate.

G. PERSONAL PROTECTIVE EQUIPMENT

All personal protective equipment used is provided without cost to employees. Personal protective equipment is chosen based on the anticipated exposure to blood or other potentially infectious materials. The protective equipment is considered appropriate only if it does not permit blood or other potentially infectious materials to pass through or reach the employee's clothing, skin, eyes, mouth, or other mucous membranes under normal conditions of use and for the duration of the time which the protective equipment is used. Examples of personal protective equipment include gloves, eyewear with side shields, gowns, lab coats, aprons, shoe covers, face shields, and masks. All personal protective equipment is fluid resistant.

- All garments which are penetrated by blood are removed immediately or as soon as feasible and placed in the appropriate container. All personal protective equipment is removed prior to leaving the work area and placed in the designated receptacle.
- Gloves are worn where it is reasonably anticipated that employees will have hand contact with blood, other potentially infectious materials, non-intact skin, and mucous membranes. Latex sensitive employees are provided with suitable alternative personal protective equipment. Gloves should not be worn into public areas when leaving the areas where blood or other potentially infectious materials are handled
- Disposable gloves are not to be washed or decontaminated for re-use and are to be replaced as soon as practical when they become contaminated or as soon as feasible if they are torn, punctured, or when their ability to function as a barrier is compromised.
- Utility gloves may be decontaminated for re-use provided that the integrity of the glove is not compromised. Utility gloves are discarded if they are cracked, peeling, torn, punctured, exhibit other signs of deterioration, or when their ability to function as a barrier is compromised.

- Procedure or surgical masks in combination with eye protection devices, such as goggles, glasses with solid side shield, or chin length face shields, are required to be worn whenever splashes, spray, splatter, or droplets of blood or other potentially infectious materials may be generated and eye, nose, or mouth contamination can reasonably be anticipated.
- Surgical caps or hoods and/or fluid resistant shoe covers or boots are worn in instances when gross contamination can reasonably be anticipated.

H. HOUSEKEEPING

Departments shall ensure that the worksite is maintained in a clean and sanitary condition. The department shall determine and implement an appropriate written schedule for cleaning and method of decontamination based upon the location within the facility, the type of surface to be cleaned, type of soil present, and tasks or procedures being performed in the area.

All contaminated work surfaces are decontaminated after completion of procedures, immediately or as soon as feasible after any spill of blood or other potentially infectious materials, and at the end of the work shift.

Protective coverings (e.g., plastic wrap, aluminum foil, etc.) used to cover equipment and environmental surfaces are removed and replaced as soon as feasible when they become contaminated or at the end of the work shift.

All bins, pails, cans, and similar receptacles are inspected and decontaminated on a regularly scheduled basis.

Broken, contaminated glassware must not be handled directly with hands, but must be cleaned up by mechanical devices such as brush, scooper, tongs, forceps and/or dust pan.

I. REGULATED WASTE DISPOSAL

All contaminated sharps are discarded as soon as feasible in sharps containers located as close to the point of use as feasible in each work area.

Regulated waste other than sharps is placed in appropriate containers that are closable, leak resistant, labeled with a biohazard label or color-coded, and closed prior to removal. If outside contamination of the regulated waste container occurs, it is placed in a second container that is also closable, leak proof, labeled with a biohazard label or color-coded, and closed prior to removal.

All regulated waste is properly disposed of in accordance with federal, state, county, and local requirements. Refer to the UTSA Hazardous Waste Management page at: <u>https://research.utsa.edu/compliance/hazardous-waste/</u>

J. LAUNDRY PROCEDURES

Although soiled linen may be contaminated with pathogenic microorganisms, the risk of disease transmission is negligible if it is handled, transported, and laundered in a manner that avoids transfer of microorganisms to patients, personnel, and environments. Rather than rigid rules and regulations, hygienic and commonsense storage and processing of clean and soiled linen is recommended. The methods for handling, transporting, and laundering of soiled linen are determined by departments' written procedures and any applicable regulations.

K. USE OF BIOHAZARD LABELS

Departments should have a procedure that determines when biohazard-warning labels are to be affixed to containers or placed in color-coded bags. The procedure should include the types of materials that should be labeled as biohazard material. These materials may include but are not limited to, regulated waste, refrigerators and freezers containing blood or other potentially infectious materials, and other containers used to store, transport, or ship blood or other potentially infectious materials.

VII. Hepatitis B Virus Vaccine

All employees who have been identified as having occupational exposure to blood or other potentially infectious materials are offered the hepatitis B virus vaccine, at no cost to the employee, under the supervision of a licensed physician or licensed healthcare professional. The vaccine is offered after bloodborne pathogens training and within 10 working days of their initial assignment to work unless the employee has previously received the complete hepatitis B virus vaccination series, antibody testing has revealed that the employee is immune, or that the vaccine is contraindicated for medical reasons. Hepatitis B vaccination is not contraindicated for pregnant or lactating women.

Employees receive the vaccine through the UTSA Occupational Health Program. Refer to the Occupational Health page: <u>https://www.utsa.edu/ba-administration-operations/services/risk-emergency-management/occupational-health/</u> to enroll in the OHP.

Employees who decline the Hepatitis B virus vaccine sign a disclosure statement (See appendix A of this exposure control plan).

Employees who initially decline the vaccine but who later elect to receive it may then have the vaccine provided at no cost.

UTSA follows the December 20th, 2013, CDC guidance for Health-Care-Personnel (HCP) for Hepatitis B virus protection for employees who work in the Student Health Services and other Health Care Personnel on campus:

HCP should make a significant effort to obtain and provide documentation of previously received hepatitis B vaccination and post vaccination antibody testing, if performed. This may require the new hire to contact previous employer, current PCP, school, or childhood practitioner. A new hire who is unable to present documentation of Hepatitis B vaccine administration and only provides a personal history or recollection of receiving the vaccines should be considered susceptible to hepatitis B and offered the vaccine series.

- HCP should be vaccinated with \geq 3 dose Hepatitis B vaccine series.
- Additional doses of hepatitis B vaccine will be provided to complete an incomplete series (the vaccine series does not need to be restarted)
- For new hires, UTSA HCP who have initiated and /or completed the hepatitis B vaccine series while employed by UTSA, post-vaccination anti- HBs will be drawn as part of the occupational health program to test for immunity 1-2 months after completion of the series
- For titer results that are less than 10mlU/ML, UTSA will follow the CDC 2013 guidelines for boosting with additional doses of Hepatitis B vaccine
- Antibody testing for immunity by anti-HBs in new hires that have documentation of previously completing the hepatitis B vaccination series will NOT be performed as part of the new hire process unless he/she completed the series in the last 1-2 months. These employees will be tested for anti-HBs only if a possible exposure occurs and the ECP post exposure protocol will be followed.

A. POST EXPOSURE EVALUATION AND FOLLOW UP

Should an employee incur an exposure, the employee must report the incident to their supervisor and to the OREM Workers' Compensation Coordinator.

All employees who incur an exposure incident may elect to receive a confidential medical evaluation and follow up as follows:

- Documentation of the route(s) of exposure and the circumstances related to the incident.
- Identification and documentation of the source individual. Identification is not required if UTSA can establish that identification is impossible or prohibited by state or local law. After obtaining consent, unless state or local law allows testing without consent, the blood of the source individual should be tested for HIV and HBV serological status, unless UTSA can establish that testing of the source is impossible or prohibited by state or local law.

- The results of testing of the source individual are made available to the exposed employee with the employee informed about the applicable laws and regulations concerning disclosure of the identity and infectivity of the source individual.
- The employee is offered the option of having his/her blood collected for testing of the employee's HIV/HBV/HCV serological status. The blood sample is preserved for at least 90 days to allow the employee to decide if the blood should be tested for HIV serological status. If the employee decides prior to that time that the testing will be conducted, then testing is done as soon as feasible.
- The employee is offered post exposure prophylaxis in accordance with the current recommendations of the U.S. Public Health Service.
- The employee is given appropriate counseling concerning infection status, results and interpretations of tests, and precautions to take during the period after the exposure incident. The employee is informed about what potential illnesses can develop and to seek early medical evaluation and subsequent treatment.
- B. CONTAMINATED SHARPS INJURY LOG

Information concerning contaminated sharps injuries shall be recorded in a written or electronic sharps injury log which shall be maintained by the UTSA OREM Workers' Compensation Coordinator, in accordance with Health and Safety Code, Chapter 81, Subchapter H, of the Texas Administrative code.

Information concerning each contaminated sharps injury shall be reported to the Texas Department of State Health Services, Health Service Region 8 – San Antonio, Fax # 210-692-1457, no later than ten working days after the end of the calendar month in which it occurred.

The Workers' Compensation Coordinator in UTSA's OREM office assures that the policy outlined here is effectively carried out and maintains records related to this policy.

C. INTERACTION WITH HEALTHCARE PROFESSIONALS

A written opinion is obtained from the healthcare professional who evaluates employees of this facility or organization after an exposure incident. In order for the healthcare professional to adequately evaluate the employee, the healthcare professional is provided with:

- 1. a copy of the UTSA exposure control plan;
- 2. a copy of applicable procedures from the department;
- 3. a description of the exposed employee's duties as they relate to the exposure incident;

- 4. documentation of the route(s) of exposure and circumstances under which the exposure occurred;
- 5. results of the source individual's blood tests (if available); and
- 6. medical records relevant to the appropriate treatment of the employee.

Written opinions are obtained from the healthcare professional in the following instances:

- 1. when the employee is sent to obtain the Hepatitis B virus vaccine, or
- 2. when the employee is sent to a healthcare professional following an exposure incident.

Healthcare professionals shall limit their written opinions to:

- 1. whether the Hepatitis B virus vaccine is indicated;
- 2. whether the employee has received the vaccine;
- 3. the evaluation following an exposure incident;
- 4. whether the employee has been informed of the results of the evaluation;
- 5. whether the employee has been told about any medical conditions resulting from exposure to blood or other potentially infectious materials which require further evaluation or treatment (all other findings or diagnosis shall remain confidential and shall not be included in the written report); and,
- 6. whether the healthcare professional's written opinion is provided to the employee within 15 days of completion of the evaluation.

VIII. Training

Training for all employees is conducted prior to initial assignment to tasks where occupational exposure may occur, but within 10 working days. All employees also receive annual refresher training. This training is to be completed within one year of the employee's previous training. To comply with this ECP, OREM Non-Researcher online training is available online through UTSA <u>MyTraining</u>:

SA 456 – Non-Researcher Bloodborne Pathogens

SA 456r – Non-Researcher Bloodborne Pathogens Annual Refresher

In classroom format can be arranged through the Occupational Health Coordinator.

Bloodborne Pathogen online training specific to researchers working in a laboratory is provided through <u>BioRaft</u>. For more information <u>The Laboratory Safety Division and Research</u> <u>Compliance</u>.

Training for employees is conducted by a person knowledgeable in the subject matter and includes an explanation of the following:

- 1. Texas Administrative Code Chapter 96. Bloodborne Pathogen Control
- 2. OSHA Bloodborne Pathogen Final Rule;
- 3. Epidemiology and symptomatology of bloodborne diseases;
- 4. Modes of transmission of bloodborne pathogens;
- 5. The UTSA exposure control plan (i.e., points of the plan, lines of responsibility, how the plan will be implemented, where to access plan, etc.);
- 6. Procedures which might cause exposure to blood or other potentially infectious materials at this facility;
- 7. Control methods which are used at the facility to control exposure to blood or other potentially infectious materials;
- 8. Personal protective equipment available at this facility (types, use, location, etc.);
- 9. Hepatitis B virus vaccine program at the facility;
- 10. Procedures to follow in an emergency involving blood or other potentially infectious materials;
- 11. Procedures to follow if an exposure incident occurs, to include U.S. Public Health Service Post-Exposure Prophylaxis Guidelines;
- 12. Post-exposure evaluation and follow up;
- 13. Signs and labels used at the facility; and,
- 14. Opportunity to ask questions with the individual conducting the training or if online training provided; a contact number or email to direct questions.

IX. Recordkeeping

Medical/occupational health records related to the hepatis B vaccine are maintained by the UTSA Occupational Health Program (OHP) in the Office of Risk and Emergency Management. These records include evidence of vaccination or declination forms (see Appendix A). Medical evaluation and follow up records received from outside treatment facilities that are associated with employee exposure incidents will also be maintained by the OHP. These confidential records maintained for the duration of employment plus 30 years.

Training records are maintained by UTSA People Excellence.

Records retention conforms to UTSA records retention policies.

APPENDIX A

THE UNIVERSITY OF TEXAS AT SAN ANTONIO HEPATITIS B VACCINATION DISCLOSURE FORM

Name (Please Print):			
, , , , , , , , , , , , , , , , , , ,			

Date of Birth: / / EID:

As a result of the nature of my occupational duties at UTSA, there is a substantial risk of direct contact with blood or other potentially infectious materials which have been determined as likely to transmit the Hepatitis B virus. I have received Bloodborne Pathogen Training and am aware of the precautions that must be taken when dealing with blood and body fluid exposure. As part of UTSA's Bloodborne Pathogen Exposure Control Plan and as a covered employee under UTSA's Occupational Health Program, I can receive vaccination against Hepatitis B at no cost.

INSTRUCTIONS: Place a 🗹 🗹 in either A, B or C box below that best describes your intent.



Yes, I'd like to get a Hepatitis B vaccine (Call X 5304 or e-mail UTSAohp@utsa.edu, to make an appointment)

CONSENT FOR HEPATITIS B VACCINE. In accordance with UTSA's Bloodborne Pathogen Exposure Control Plan, I am being offered, free of charge, the Hepatitis B vaccination. The vaccine will be administered during working hours through the OHP at the BRG, 1.102.

- 1. I have never received the Hepatitis B vaccine and would like to be vaccinated.
- 2. I have been informed that I am at risk of acquiring hepatitis B because of the nature of my professional responsibilities.
- 3. I have read the information sheet that lists the indications, benefits, and presently known side effects of Hepatitis B vaccine, have had an opportunity to ask questions, and have had them answered to my satisfaction.
- I must receive three (3) doses of vaccine over a period of six (6) months to confer optimal immunity. 4.
- 5. I understand, however, as with all medical treatment, there is no guarantee that I will become immune or that I will not experience an adverse reaction to the vaccine.
- 6. In the event that I should terminate employment at UTSA prior to receiving all three (3) doses of Hepatitis B vaccine, I understand that it will be my responsibility to complete the vaccination series on my own initiative and at my own expense.

Employee Signature:_____Date:____Date:______Date:_____Date:_____Date:_____Date:______Date:_____A

B | I already received the Hepatitis B.

PREVIOUS IMMUNIZATION WITH HEPATITIS B VACCINE. I have previously completed a three-dose series of the Hepatitis B Vaccine. I understand that it is currently believed to be effective for life. I further understand that I will be contacted by UTSA's Occupational Health Coordinator if new information becomes available contradicting this belief.

Employee Signature:______Date:______

I DECLINE taking the Hepatitis B vaccine.

DECLINATION STATEMENT. I understand that due to my occupational exposure to blood or other potentially infectious materials I may be at risk of acquiring Hepatitis B virus (HBV) infection. I have been given the opportunity to be vaccinated with Hepatitis B vaccine, at no charge to me; however, I decline Hepatitis B vaccination at this time. I understand that by declining this vaccine I continue to be at risk of acquiring Hepatitis B, a serious disease. If, in the future I continue to have occupational exposure to blood or other potentially infectious materials and I want to be vaccinated with Hepatitis B vaccine, I can receive the vaccination series at no charge to me.

Employee Signature: Date:

PLEASE COMPLETE THIS DOCUMENT AND RETURN IT TO THE OCCUPATIONAL HEALTH COORDINATOR IN EHSRM AS SOON AS POSSIBLE.

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APPENDIX B

DEFINITIONS

Antibody — a substance produced in the blood of an individual which is capable of producing a specific immunity to a specific germ or virus.

Antigen — any substance which stimulates the formation of an antibody.

Biohazard label — a label affixed to containers of regulated waste, refrigerators/freezers, and other containers used to store, transport, or ship blood and other potentially infectious materials. The label must be fluorescent orange-red in color with the biohazard symbol and the word biohazard on the lower part of the label.

Blood — human blood, human blood components, and products made from human blood.

Bloodborne pathogens — pathogenic (disease producing) microorganisms that are present in human blood and can cause disease in humans. These pathogens include, but are not limited to, hepatitis B virus (HBV), hepatitis C virus (HCV) and human immunodeficiency virus (HIV).

Clinical laboratory — a workplace where diagnostic or other screening procedures are performed on blood or other potentially infectious materials.

Contaminated — the presence or the reasonably anticipated presence of blood or other potentially infectious materials on an item or surface.

Contaminated laundry — laundry which has been soiled with blood or other potentially infected materials or may contain sharps.

Contaminated sharp — any contaminated object that can penetrate the skin including, but not limited to, needles, scalpels, broken glass, capillary tubes, and the exposed ends of dental wires.

Decontamination — the use of physical or chemical means to remove, inactivate, or destroy bloodborne pathogens on a surface or item to the point where they are no longer capable of transmitting infectious particles and the surface or item is rendered safe for handling, use, or disposal.

Engineering controls — include all control measures that isolate or remove a hazard from the workplace, such as sharps disposal containers, self-sheathing needles, and needleless systems.

Exposure control plan (ECP) — a written program developed and implemented by the employer which sets forth procedures, engineering controls, personal protective equipment, work practices, and other methods that are capable of protecting employees from exposure to bloodborne pathogens and meets the requirements spelled out by the OSHA Bloodborne Pathogens Standard.

Exposure determination — how and when occupational exposure occurs and which job classification and/or individuals are at risk of exposure without regard to the use of personal protective equipment.

Exposure incident — a specific eye, mouth, other mucous membrane, non-intact skin, or parenteral contact with blood or other potentially infectious materials that results from the performance of an employee's duties.

Hand-washing facilities — a facility providing an adequate supply of running potable water, soap, and single-use towels, medicated towelettes, or hot air drying machines.

HBV— hepatitis B virus

HCV — hepatitis C virus

HIV — human immunodeficiency virus.

Human tissue — recognizable human tissue. It must be buried, incinerated, or rendered completely unrecognizable. Nonhuman tissues are only considered infectious if they are known or suspected to contain pathogens with sufficient virulence and quantity so that exposure to the waste by a susceptible human host could result in an infectious disease.

Infectious waste — solid waste which contains pathogens with sufficient virulence and quantity so that exposure to the waste by a susceptible host could result in an infectious disease. The following are *not* included in the definition of infectious waste but should be placed in containers such as a plastic bag prior to disposal to contain the waste.

1) items soiled (not saturated) with body fluids (for example, bandages, tampons, sanitary napkins)

2) items soiled with body fluids not included in the definition of infectious waste (for example, diapers)

3) intravenous tubing with needles detached

Medical consultation — a consultation which takes place between an employee and a licensed health-care professional for the purpose of determining the employee's medical condition resulting from exposure to blood or other potentially infectious materials as well as any further evaluation or treatment that is required.

Microbiological lab wastes — cultures and lab equipment that have come in contact with infectious agents.

Mucous membranes — a surface membrane composed of cells that secrete various forms of mucus, as in the lining of the respiratory tract and the gastrointestinal tract.

Mucus — a thick liquid secreted by glands lining the nasal passages, the stomach and intestines, the vagina, and so forth.

Needleless systems — devices which provide an alternative to needles for various procedures to reduce the risk of injury involving contaminated sharps. Examples include IV medication systems which administer medication or fluids through a catheter port using non-needle connections and jet injection systems which deliver liquid medication beneath the skin or through a muscle.

Occupational exposure — a reasonably anticipated skin, eye, mucous membrane, or parenteral contact with blood or other potentially infectious materials that may result from the performance of an employee's duties.

Other potentially infectious materials (OPIM) — (1) the following human body fluids: semen, vaginal secretions, menstrual blood, vomit, cerebrospinal fluid, synovial fluid, pleural fluid, pericardial fluid, peritoneal fluid, amniotic fluid, saliva in dental procedures, any body fluid visibly contaminated with blood, and all body fluids in situations in which it is difficult or impossible to differentiate between body fluids; (2) any unfixed tissue or organ (other than intact skin) from a human (living or dead); and (3) HIV-containing cell or tissue cultures; organ cultures; HIV-or HBV-containing culture medium or other solutions; and blood, organs, or other tissues from experimental animals infected with HIV or HBV.

Parenteral — piercing mucous membranes or the skin barrier through such events as needlesticks, human bites, cuts, and abrasions.

Pathogen — a bacteria or virus capable of causing infection or disease.

Personal protective equipment— specialized clothing or equipment worn by an employee for protection against a hazard. General work clothes (uniforms, pants, shirts, or blouses) not intended to function as protection against a hazard are not considered to be personal protective equipment. Personal protective equipment may include, but is not limited to, gloves; gowns; laboratory coats; face shields or masks and eye protection equipment; and mouthpieces, resuscitation bags, pocket masks, or other ventilation devices. Personal protective equipment can be considered "appropriate" only if it does not permit blood or other potentially infectious materials to pass through to or reach the employee's work clothes, street clothes, undergarments, skin, eyes, mouth, or other mucous membrane under normal conditions of use and for the duration of time which the protective equipment is used.

Prophylaxis — the measure carried out to prevent diseases.

Regulated waste — liquid or semi-liquid blood or other potentially infectious materials in a liquid or semi-liquid state if compressed; items that are caked with dried blood or other potentially infectious materials and are capable of releasing these materials during handling; contaminated sharps; and pathological and microbiological wastes containing blood or other potentially infectious materials.

Research laboratory — a laboratory producing or using research laboratory-scale amounts of HIV or HBV. Research laboratories may produce high concentrations of HIV or HBV but not in the volume found in production facilities.

Sharps — medical or laboratory articles, including those that are potentially infectious and that may cause punctures or cuts. Examples include, but are not limited to, hypodermic needles, syringes, pasteur pipettes, and scalpel blades.

Sharps with engineered sharps injury protections — include non-needle sharps or needle devices containing built-in safety features that are used for collecting fluids or administering medications or other fluids, as well as other procedures involving a risk of sharps injury.

Source individual — any individual, living or dead, whose blood or other potentially infectious materials may be a source of occupational exposure to an employee. Examples include, but are not limited to, hospital and clinic patients; clients in institutions for the developmentally disabled; trauma victims; clients of drug and alcohol treatment facilities; residents of hospices and nursing homes; human remains; and individuals who donate or sell blood or blood components.

Sterilize — the use of a physical or chemical procedure to destroy all microbial life including highly resistant bacterial endospores.

Universal precautions — an approach to infection control. According to the concept, all human blood and certain human body fluids are treated as if we know them to be infectious for HIV, HBV, HCV, and other bloodborne pathogens.

Work practice controls — controls that reduce the likelihood of exposure by altering the manner in which the task is performed. An example would be prohibiting the recapping of needles using a two-handed technique.



INFECTIOUS DISEASE CONTROL CONTAMINATED SHARPS INJURY REPORTING FORM

The facility where the injury occurred should complete the form and submit it to the local health authority where the facility is located. If no local health authority is appointed for this jurisdiction, submit to the regional director of the Texas Department of State Health Services (DSHS) regional office in which the facility is located. Address information for regional directors can be obtained on the DSHS webpage at http://www.dshs.state.tx.us/regions/default.shtm. The local health authority, acting as an agent for the Texas Department of State Health Services will receive and review the report for completeness, and submit the report to: IDEAS, Texas DSHS, 1100 West 49th Street, T-801, Austin, Texas 78756-3199. Obtain copies at http://www.dshs.state.tx.us/idcu/health/infection_control/bloodborne_pathogens/reporting or from Texas Department of State Health Services to State Health Services will receive and review the report for completeness, and submit the report to: IDEAS, Texas DSHS, 1100 West 49th Street, T-801, Austin, Texas 78756-3199. Obtain copies at http://www.dshs.state.tx.us/idcu/health/infection_control/bloodborne_pathogens/reporting or from Texas Department of State Health Services regional Services regiona

Please complete a form for each exposure incident involving a sharp.

NOTE: If the injury occurred BEFORE the sharp was used for its original intended purpose, *do not* submit this form

Facility (agency/institu	ition) where injury oc	curred:					
Street address (no p	ost office box):						
City:		County:			Zip code:		
Street address of rep	oorter if different fro	m facility where injury occu	irred:				
Date:	Reporter's Name:						
Date.	Reporter's Telephone	:		Reporter's e-mail:			
1. Date of injury:	Time of injury:	🗌 am 🔲 pm	Age of inju	ured:		Sex of injured:	
2. Type and Brand of	sharp involved (Che	ck one box)	List brand	name of sharp:			
Needles		Surgical Instruments (a	or other sharp	o items)	Glass	S	
Arterial catheter intr	oducer needle	Bone chip/chipped tooth			Ca	pillary tube	
Blood gas syringe	11111111111111111111111111111111111111	Bone cutter				ass slide	TRADUCTION DE
Central line catheter	needle (cardiac, etc.)	Drill bit/bur				ass item, not sure w	hat kind
Disposable Syringe		Electro-cautery device				edication ampule/via	I/IV bottle
						pette	
20-gauge needle						ecimen/test tube	
21-gauge needle			K)				
22-gauge needle							
23-gauge needle		hemostats/clamps					
24/25-gauge need	le	Pin (fixation, guide pin)					
Tuberculin		Pipette (plastic)					
Drum catheter need	le	Razor					
IV catheter stylet		Retractors, skin/bone hooks					
Needle on IV line (ir	ncludes piggybacks &	Scalpel, disposable					
IV line connectors	مغ الزم ما						
Reedle, not sure wr Dro filled cortridge a							
	edle	Sharp item, not sure what kind					
		Specimen/test tube (plastic)					
Svringe, other type		Staples/steel sutures					
Unattached hypoder	mic needle						
Vacuum tube blood	collection						
holder/needle							
 Winged steel needle (includes butterfly, winged-set type devices) 		□ Vacuum tube (plastic)					
Other		Wire (suture/fixation/guide wire)					
Other vascular catheter needle (cardiac,		Other sharp					
etc.)							
Other non-vascular	catheter needle						
		-					
8/26/2009	-		FA 4 400		10		1
	Return	n completed form to EHRSM, S	FA 1.102 or f	fax to 210-458-58	13		

APP	ENDIX C					
3. Original ir	tended use of sharp (che	eck one box)				
Connect IV	line (intermittent IV/piggyb	ack/IV infusion/other	IV line connectio	n		
Contain a s	pecimen or pharmaceutical ((glass item)				
Cutting						
Dental	Extraction	Hygiene	Orthodonti	Periodontal	Restorative	Root Canal
Dialysis						
Draw arter	ial blood sampleif used to	draw blood was it	direct stick or	l drawn from a line		
Draw vend	us blood sample					
Drilling						
Electrocau	tery					
Finger Stic	k/heel stick					
Heparin or	saline flush					
Injection, i	ntra-muscular/subcutaneous	/intra-dermal, or oth	er injection throu	gh the skin (syringe)		
Obtain a b	ody fluid or tissue sample (u	rine/CSF/amniotic flu	id/other fluid, bio	psy)		
Other inject	tion into (or aspiration from) IV injection site or I	(V port (syringe)			
	entral line/porta catheter					
Start IV or	set up heparin lock (IV cath	eter or winged set-ty	pe needle)			
	deep skin					
Tattoo						
	not applicable					
U Wiring						
Other						
4. When and	How Injury Occurred					
Before (D	O NOT report to DSHS)		luring	after the sha	arp was used for its inter	ded purpose
If the exposur	e occurred during or after th	ne sharp was used, w	as it (<i>check one</i> l	nox)		
Activating	safety device			Patient moved during the	e procedure	
Between s	teps of a multistep procedur	e (carrying, handling,		Preparation for reuse of	instrument (cleaning, sor	ting, disinfecting,
Device ma	Ing syringe/instrument, etc.)	ster	Recapping		
Device pie	rced the side of the disposal	container		Suturing		
Disassem	oling device or equipment			Use of sharps container		
Found in a	n inappropriate place (eg. T	able, bed, linen, floor	, trash)	Unsafe practice		
	with another person			Use of IV/central line		
Laborator	y procedure/process			Other		
5. Did the d	evice being used have en	gineered sharps in	jury protection	? ves	no do not kn	ow
A. Wa B. Did	s the protective mechani	sm activated?		yes during after	no do not kn	ow ve mechanism
5. 514	the exposure meldent of					
6. Was the i	njured person wearing g	loves?			yes 📋 no 📋 do i	not know
7. Had the i	njured person completed	a hepatitis B vacci	ination series?		yes 🗌 no 🗌 do	not know
8. Was then	e a sharps container read	lily available for dis	sposal of the sh	arp?	yes no	
9. Had the i	narps container provide a niured person received to	a clear view of the raining on the expo	sure control pl	inated snarps? an in the 12 months or	ior to the incident?	
10. Involve	l body part (<i>check one b</i>	(ax) \Box hand \Box	arm D leg/foo	t face/head/neck	torso (front or back)	
		, <u> </u>	icg/100			
8/26/2009						2
-,,,	R	eturn completed form	to EHRSM, SFA	1.102 or fax to 210-458-	5813	-

APPENDIX C 11. Job Classification of inj	jured person (check only one box)			
Aide (e.g. CAN, HHA, orderl	y) 🗌 Firefighter		Physical therap	pist	
Attending physician (MD, DO)		Phlebotomist/venipuncture/IV team			
Central supply	Central supply		Psychiatric tech	nnician	
Chiropractor	Chiropractor		Public health worker		
Clerical/administrative	Clerical/administrative Intern/resident		Radiologic technician		
Clinical lab technician	Law enforcement	officer	Registered nur	rse	
Counselor/social worker	Licensed vocation	al nurse	Researcher		
CRNA/NP	Maintenance staff	f.	Respiratory therapist/technician		
Dentist	Medical student		Safety/security		
Dental assistant/technician	Morgue tech/auto	opsy tech	School personn	el (not nurse)	
Dental hygienist	Nurse midwife		Transport/mes	ssenger	
Dental student	Nursing student		Volunteer		
Dietician	OR/surgical techr	nician	Other		
EMT/ paramedic	Pharmacist				
Fellow	Physician assistar	nt			
12. Employment Status of 1	Injured Person (check one box)				
Employee St	udent 🗌 Contracto	or/contract employee	Volunteer	Other	
If not directly employed by	reporter, name the employer/s	service/agency/sch	ool:		
13. Location/Facility/Agen	cy in which sharps injury occur	red (check one box)			
Blood bank/center/mobile	Home health		Outpatient tre	eatment (e.g. dialysis, infusion therapy)	
	Hospital		Residential fa	cility (e.g. MHMR, shelter)	
Correctional facility	Laboratory (freestanding)		School/colleg	e	
Dental facility	Medical examiner office/morg	ue	Other		
14. Work Area where Shar	ps Injury Occurred (check one b	282			
	Emergency department	Laboratory		Pre-op or PACU	
Autopsy/pathology	Endoscopy/bronchoscopy/		ology unit	Procedure room	
Blood bank center/mobile	cystoscopy	Medical/Outp	atient clinic		
	Floor (not patient room)		ical unit	Radiology department	
				Seclusion room/psychiatric unit	
		Patient/reside	nt room	Service/Utility area (e.g. laundry)	
		Pediatrics			
COMMENTS:					
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APPENDIX D

STUDENT BLOODBORNE PATHOGEN EXPOSURE

Students who are not employees are not covered by this ECP. However, faculty should not allow a student to engage in a hazardous activity without first communicating the pertinent aspects of this standard and other relevant standards. Faculty should document such communication.

Department administrators must identify those courses that involve any reasonably anticipated exposure of students to blood or other potentially infectious material. Students who will be handling blood or other potentially infectious material in their academic coursework must be informed of the epidemiology and transmissivity of HIV, HBV, and HCV, and trained in the safe work practices, including use of PPE, that will reduce their likelihood of becoming exposed. This training must take place prior to any procedures where blood or OPIM is used. Faculty/staff supervising these laboratories are responsible for the training.

Students must be trained and required to use appropriate PPE for any course activity involving blood or other potentially infectious material. Faculty/staff supervising students must ensure that safe work practices are followed.

Students who have reasonably anticipated exposure to blood or other potentially infectious material must be provided with information about the Hepatitis B vaccination before they are permitted to participate in courses where exposure may occur. UTSA OHP may cover the cost of student immunization for those working/studying in areas that require enrollment into an occupational health or student medical surveillance program. Contact <u>UTSA OHP</u> for more information.

Students must be made aware of post-exposure follow up procedures as part of their training on bloodborne pathogens. Costs for post-exposure follow up is typically covered under the student's health insurance, but is ultimately the responsibility of the student.

Student steps to be taken in the event of a bloodborne pathogen exposure:

- 1. Wash your hands and any contact areas immediately for at least 20 seconds with soap and running water.
- 2. If eyes, nose, or inside your mouth were exposed, flush with copious amounts water for at least 15 minutes.
- 3. Notify your supervisor.
- 4. Seek medical evaluation and treatment within two hours of your exposure at:
 - Wellness 360 at UTSA (210) 458-4142
 - If Student Health Services is not available, go to the closest urgent care facility or emergency room.