

## VOLUNTEER OPPORTUNITIES

A track record of volunteerism can provide proof of an individual's commitment to serving the community. Thus, for pre-health professions students, who are preparing for careers through which they will be able to serve the medical needs of others, having consistent involvement in volunteer activities can be of great importance. The impact of exhibiting community service on an application to a health professions program, though, will depend on how well a student can communicate what was learned from volunteer experiences and how those experiences were personally meaningful. The list below provides some suggestions for a variety of possible volunteer sites in Texas. Be sure to visit the websites of each of the organizations that interest you for more information on the specific requirements for becoming a volunteer.

<u>Organization / Website</u>	<u>Website</u>	<u>Phone Number</u>	<u>Volunteer Coordinator</u>	<u>Email Address</u>
Alamo Area Council of Governments	<a href="http://www.aacog.com">www.aacog.com</a>	(210) 362-5261 or 866-231-4922	Henri Eaton	<a href="mailto:heaton@aacog.com">heaton@aacog.com</a>
Alamo Children's Advocacy Center	<a href="http://www.childsafe-sa.org">www.childsafe-sa.org</a>	210-233-5931	Christina Schoonover	<a href="mailto:ChristinaS@ChildSafe-sa.org">ChristinaS@ChildSafe-sa.org</a>
Alzheimer's Association - STAR Chapter	<a href="http://www.alz.org/txstar">www.alz.org/txstar</a>	210-822-6449	Ginny Funk	<a href="mailto:ginny.funk@alz.org">ginny.funk@alz.org</a>
American Cancer Society	<a href="http://www.cancer.org">www.cancer.org</a>	(210) 595-0225	Aracely Torres	
American Diabetes Association	<a href="http://www.diabetes.org">www.diabetes.org</a>	210-829-1765 x6128	Grace Cobos	<a href="mailto:gcobos@diabetes.org">gcobos@diabetes.org</a>
American Heart Association	<a href="http://www.americanheart.org">www.americanheart.org</a>	(210) 810-3100	Francine Pina	<a href="mailto:francine.pina@heart.org">francine.pina@heart.org</a>
American Lung Association	<a href="http://www.lung.org">www.lung.org</a>	210-308-8978	A. McClure	<a href="mailto:amcclure@lungs.org">amcclure@lungs.org</a>
American Red Cross - San Antonio Area Chapter	<a href="http://www.saredcross.org">www.saredcross.org</a>	210-582-1953	Angie DeLuna	<a href="mailto:Angie.Deluna@redcross.org">Angie.Deluna@redcross.org</a>
		210-582-1925	Mendy Escamilla	<a href="mailto:Mendy.Escamilla2@redcross.org">Mendy.Escamilla2@redcross.org</a>
Animal Defense League of Texas	<a href="http://www.adltexas.org">www.adltexas.org</a>	210-655-1481 x110	Laura Richter	<a href="mailto:lrichter@adltexas.org">lrichter@adltexas.org</a>
Animal Resource Center	<a href="http://www.animalresource.org">www.animalresource.org</a>	210-351-7729	*not listed	<a href="mailto:receptionist@spaysa.org">receptionist@spaysa.org</a>
Any Baby Can of San Antonio	<a href="http://www.anybabycansa.org">www.anybabycansa.org</a>	210-547-3009	Amanda McDaniel	<a href="mailto:AMcDaniel@anybabycansa.com">AMcDaniel@anybabycansa.com</a>
The Arc of San Antonio	<a href="http://www.arc-sa.org">www.arc-sa.org</a>	210-490-4300 x104	Joanna Peters	<a href="mailto:jpeters@arc-sa.org">jpeters@arc-sa.org</a>
Audie L. Murphy Memorial Veterans Hospital	<a href="http://www.southtexas.va.gov">www.southtexas.va.gov</a>	210-617-5107	Joyce Brown	<a href="mailto:Joyce.Brown@va.gov">Joyce.Brown@va.gov</a>
Baptist Child and Family Service	<a href="http://www.bcfs.net">www.bcfs.net</a>	210-674-3010	Marisela Perez	<a href="mailto:mperez@bcfs.net">mperez@bcfs.net</a>

Baptist Health Systems Hospital	<a href="http://www.baptisthealthsystem.com">www.baptisthealthsystem.com</a>	210-297-7677	Erin Connelly-Orlowski	<a href="mailto:elconnel@baptisthealthsystem.com">elconnel@baptisthealthsystem.com</a>
Barrio Comprehensive Family Health Care Center	<a href="http://unitedwaysatx.galaxydigital.com/volunteer/agency/display/barrio-comprehensive-family-health-care-center-inc-dba-communicare-health-centers/?agency_id=19081">unitedwaysatx.galaxydigital.com/volunteer/agency/display/barrio-comprehensive-family-health-care-center-inc-dba-communicare-health-centers/?agency_id=19081</a>	210-233-7082	Michelle Swisher	<a href="mailto:mswiper@communicaresa.org">mswiper@communicaresa.org</a>
Benitia Family Center	<a href="http://www.benitia.org/">www.benitia.org/</a>	210-433-9300	Jose Mata	<a href="mailto:contactus@benitia.org">contactus@benitia.org</a>
Bexar Area Agency on Aging	<a href="http://www.bexaraging.org">www.bexaraging.org</a>	210-362-5261	Henri Eaton	<a href="mailto:heaton@aacog.com">heaton@aacog.com</a>
Big Brothers and Sisters of South Texas	<a href="http://www.bigmentor.org">www.bigmentor.org</a>	210-225-6322	Katie Keenan	<a href="mailto:kkeenan@bigmentor.org">kkeenan@bigmentor.org</a>
			Maricela Reyes	<a href="mailto:mreyes@bigmentor.org">mreyes@bigmentor.org</a>
Boys Town Texas	<a href="http://www.boystown.org/locations.texas">www.boystown.org/locations.texas</a>	210-271-1010	Janet Pedrotti	<a href="mailto:pedrottij@boystown.org">pedrottij@boystown.org</a>
Camp Broncho - Summer Asthma Camp	<a href="http://www.campbroncho.com">www.campbroncho.com</a>	940-736-7624	Kimberly "Kimbo" Henry	<a href="mailto:kimberly.henry@cookchildren.org">kimberly.henry@cookchildren.org</a>
Cancer Therapy and Research Center at UT Health Science Center at San Antonio	<a href="http://www.ctrc.net">www.ctrc.net</a>	210-450-1425	Veronica McKinney	<a href="mailto:mckinney@uthscsa.edu">mckinney@uthscsa.edu</a>
Children's Bereavement Center of South Texas	<a href="http://www.cbcst.org">www.cbcst.org</a>	888-904-1019	Michelle Muniz	<a href="mailto:mmuniz@cbcst.org">mmuniz@cbcst.org</a>
Children's Shelter of San Antonio	<a href="http://www.chshel.org">www.chshel.org</a>	210-212-2508	Karen Sanchez	<a href="mailto:volunteer@chshel.org">volunteer@chshel.org</a>
ChildSafe	<a href="http://www.childsafe-sa.org">www.childsafe-sa.org</a>	210-233-5931	Christina Schoonover	<a href="mailto:ChristinaS@ChildSafe-sa.org">ChristinaS@ChildSafe-sa.org</a>
Christian Senior Services	<a href="http://www.christianseniorservices.org">www.christianseniorservices.org</a>	210-735-5115	Marsha Wietz	<a href="mailto:Volunteer@christianseniorservices.org">Volunteer@christianseniorservices.org</a>
Christus Santa Rosa Health Care	<a href="http://www.christussantarosa.org">www.christussantarosa.org</a>	210-704-2109	Christine Gonzalez	<a href="mailto:christine.gonzalez@christushealth.org">christine.gonzalez@christushealth.org</a>
Cibolo Nature Center	<a href="http://www.cibolo.org">www.cibolo.org</a>	830-249-4616	Becky Trussell	<a href="mailto:volunteer@cibolo.org">volunteer@cibolo.org</a>
City of San Antonio Animal Care Services	<a href="http://www.sanantonio.gov/animalcare">www.sanantonio.gov/animalcare</a>	210-288-9784	Jeane Saadi	<a href="mailto:jeane.saadi@sanantonio.gov">jeane.saadi@sanantonio.gov</a>
Communities in Schools: San Antonio	<a href="http://www.cissa.org">www.cissa.org</a>	210-520-8440 x225	Ilsa Garcia	<a href="mailto:igarcia@cissa.org">igarcia@cissa.org</a>
El Centro Barrio	<a href="http://www.centromedsa.com">www.centromedsa.com</a>	210-922-0103 x237	Jamie Nicholson	<a href="mailto:jnicholson.cdb@tachc.org">jnicholson.cdb@tachc.org</a>
Epilepsy Foundation Central and South Texas	<a href="http://www.efcst.org">www.efcst.org</a>	210-653-5353	Eloy De La Cruz	<a href="mailto:eloy@efcst.org">eloy@efcst.org</a>

Family Service Association of San Antonio	<a href="http://www.family-service.org">www.family-service.org</a>	210-299-2438	Sarah Osborne	<a href="mailto:sosborne@family-service.org">sosborne@family-service.org</a>
Family Violence Prevention Services	<a href="http://www.fvps.org">www.fvps.org</a>	210-821-3880 x2219	Vanessa Rodriguez	<a href="mailto:vanessa.rodriquez@fvps.org">vanessa.rodriquez@fvps.org</a>
Girl Scouts of America	<a href="http://www.girlscouts-swtx.org">www.girlscouts-swtx.org</a>	210-349-2404 x219	Pam Riles	<a href="mailto:priles@girlscouts-swtx.org">priles@girlscouts-swtx.org</a>
Goodwill	<a href="http://www.goodwillsa.org">www.goodwillsa.org</a>	210-924-8581	Penny Benavidez	<a href="mailto:pbenavidez@goodwillsa.gov">pbenavidez@goodwillsa.gov</a>
Grace Place-Christian Senior Services	<a href="http://christianseniorservices.org">http://christianseniorservices.org</a>	210-735-5115	Marsha Wiltz	<a href="mailto:marshaw@christianseniorservices.org">marshaw@christianseniorservices.org</a>
Habitat for Humanity	<a href="http://www.habitatsa.org">www.habitatsa.org</a>	210-223-5203	Noelle Pinto	<a href="mailto:volunteer@habitatsa.org">volunteer@habitatsa.org</a>
Humane Society SPCA of Bexar County	<a href="http://www.humanesocietyspca.org">www.humanesocietyspca.org</a>	210-226-7461 x119	Cathy Rea	<a href="mailto:volunteer@humanesocietyspca.org">volunteer@humanesocietyspca.org</a>
Junior Achievement of South Texas	<a href="http://www.jast.org">www.jast.org</a>	210-490-2007 x106	Burnadette Byrd	<a href="mailto:bbyrd@jast.org">bbyrd@jast.org</a>
Keep San Antonio Beautiful	<a href="http://www.keepsabeautiful.org">www.keepsabeautiful.org</a>	210-219-9596	Monica Martin	<a href="mailto:monica@keepsabeautiful.org">monica@keepsabeautiful.org</a>
			Christina Aronhalt	<a href="mailto:christina@keepsabeautiful.org">christina@keepsabeautiful.org</a>
Kids Involvement Network	<a href="http://www.neisd.net/comEd/kin">www.neisd.net/comEd/kin</a>	210-407-0140	Joanne Doll	<a href="mailto:jdoll@neisd.net">jdoll@neisd.net</a>
Kids Sports Network	<a href="http://www.ksnsa.org">www.ksnsa.org</a>	210-820-2125	Tony Benke	<a href="mailto:Tbenke@sasports.org">Tbenke@sasports.org</a>
Kinetic Kids	<a href="http://www.kinetickidstx.org">www.kinetickidstx.org</a>	210-621-3141	Natalie Henry	<a href="mailto:ptdinatalie@yahoo.com">ptdinatalie@yahoo.com</a>
Martinez Street Women's Center	<a href="http://www.mswomenscenter.org">www.mswomenscenter.org</a>	210-534-6638	Becca Najera	<a href="mailto:bnajera@mswomenscenter.org">bnajera@mswomenscenter.org</a>
Methodist Healthcare System	<a href="http://www.sahealth.com/VolOpp.asp">www.sahealth.com/VolOpp.asp</a>	210-757-2446	Kathy Black	<a href="mailto:kathy.black@mhshealth.com">kathy.black@mhshealth.com</a>
		210-757-5856	Herbert Looney	<a href="mailto:herbert.looney@mhshealth.com">herbert.looney@mhshealth.com</a>
Methodist Hospital, Heart Hospital, Children's Hospital or Specialty & Transplant Hospital	<a href="http://www.sabluebird.org">www.sabluebird.org</a>	210-575-4072	Margy Lohoff	<a href="mailto:margy.lohoff@mhshealth.com">margy.lohoff@mhshealth.com</a>
Mission Road Ministries	<a href="http://www.missionroadministries.org">www.missionroadministries.org</a>	210-334-2417	Rev. Jim DeHoog	<a href="mailto:jdehoog@mrmsat.org">jdehoog@mrmsat.org</a>
Morningside Ministries - Chandler Campus	<a href="http://www.morningsidemin.org">www.morningsidemin.org</a>	210-731-1000	Actrat	<a href="mailto:Actrat@sbcglobal.net">Actrat@sbcglobal.net</a>
National Kidney Foundation of South Texas	<a href="http://www.kidneytx.org">www.kidneytx.org</a>	210-739-9778	Florence Hartsfield	<a href="mailto:florenceh@kidney.org">florenceh@kidney.org</a>

Nurses in Touch Community Hospice	<a href="http://www.nursesintouch.com">www.nursesintouch.com</a>	830-216-7111 x258	Rachelle Wright	<a href="mailto:rachellew@nursesintouch.com">rachellew@nursesintouch.com</a>
Gentiva Hospice	<a href="http://www.gentivahospice.com">www.gentivahospice.com</a>	210-733-1212	Mary Begia	<a href="mailto:mary.begia@gentiva.com">mary.begia@gentiva.com</a>
Pet Pals of Texas	<a href="http://www.petpalsoftexas.org">www.petpalsoftexas.org</a>	512-787-4799	Vicki Taylor	<a href="mailto:tppt_admin@therapypetpal.org">tppt_admin@therapypetpal.org</a>
Planned Parenthood Trust of San Antonio and South Central Texas	<a href="http://www.ppsctx.org">www.ppsctx.org</a>	210-736-2244 x316	Erin Kidder	<a href="mailto:erin.kidder@pptrust.org">erin.kidder@pptrust.org</a>
Pregnancy Care Center	<a href="http://www.sapregnancy.net">www.sapregnancy.net</a>	210-614-5433	Cheryl Irvin	<a href="mailto:pregnancycc@yahoo.com">pregnancycc@yahoo.com</a>
			Sarah DeVries	
Rape Crisis Center	<a href="http://www.rapecrisis.com">www.rapecrisis.com</a>	210-521-7273	Deanna Buriel	<a href="mailto:dburiel@rapecrisis.com">dburiel@rapecrisis.com</a>
Respite Care of San Antonio	<a href="http://www.respitecaresa.org">www.respitecaresa.org</a>	210-737-1212	Elvia Gonzales	<a href="mailto:egonzales@respitecaresa.org">egonzales@respitecaresa.org</a>
Ronald McDonald House	<a href="http://www.ronaldmcdonaldhouse-sa.org">www.ronaldmcdonaldhouse-sa.org</a>	210-614-2554	Heather Bivin	<a href="mailto:heather_rmhc@haoo.com">heather_rmhc@haoo.com</a>
Roy Maas Youth Alternatives	<a href="http://www.rmya.org">www.rmya.org</a>	830-816-2425	Jennifer Farias	<a href="mailto:jfarias@rmya.org">jfarias@rmya.org</a>
Salvation Army	<a href="http://www.salvationarmysatx.org">www.salvationarmysatx.org</a>	210-352-2000	Cathy Tompkins	<a href="mailto:cathy.tompkins@uss.salvationarmy.org">cathy.tompkins@uss.salvationarmy.org</a>
SAMMinistries	<a href="http://www.samm.org">www.samm.org</a>	210-321-5639	Matt Curtis	<a href="mailto:volunteer@samm.org">volunteer@samm.org</a>
San Antonio AIDS Foundation	<a href="http://www.sanantonioaids.org">www.sanantonioaids.org</a>	210-225-4715 x125	Susan Bradley	<a href="mailto:volunteer@sanantonioaids.org">volunteer@sanantonioaids.org</a>
San Antonio Council on Alcohol and Drug Abuse	<a href="http://www.sacada.org">www.sacada.org</a>	210-225-4741	Abbey Garza	<a href="mailto:agarza@sacada.org">agarza@sacada.org</a>
San Antonio Feral Cat Coalition	<a href="http://www.sanantonioferalcats.org/volunteers_form.cfm">www.sanantonioferalcats.org/volunteers_form.cfm</a>	210-877-9067	Jenny Burgess	<a href="mailto:contactus@sanantonioferalcats.org">contactus@sanantonioferalcats.org</a>
San Antonio Food Bank	<a href="http://www.safoodbank.org">www.safoodbank.org</a>	210-431-8311 x88	Melissa Schulz	<a href="mailto:volunteer@safoodbank.org">volunteer@safoodbank.org</a>
San Antonio Lighthouse	<a href="http://www.sanantoniolighthouse.org/volunteers.html">www.sanantoniolighthouse.org/volunteers.html</a>	210-533-5195 x1615	Nicole Hoyt	<a href="mailto:nhoyt@salighthouse.org">nhoyt@salighthouse.org</a>
San Antonio Youth Center	<a href="http://www.sanantonioyouth.org">www.sanantonioyouth.org</a>	210-223-3131 x231	Taryn Nasis	<a href="mailto:taryn@sanantonioyouth.org">taryn@sanantonioyouth.org</a>
San Antonio Youth Literacy	<a href="http://www.sayl.org">www.sayl.org</a>	210-299-1533 x100	Laura Nygaard	<a href="mailto:Laura.Nygaard@sayl.org">Laura.Nygaard@sayl.org</a>
Select Physical Therapy	<a href="http://www.selectphysicaltherapy.com">www.selectphysicaltherapy.com</a>	210-561-7000	Chad Malesich	<a href="mailto:chad.malesich@selectmedicalcorp.com">chad.malesich@selectmedicalcorp.com</a>

Seton Home	<a href="http://www.setonhomesa.org">www.setonhomesa.org</a>	210-533-3504	Devin Siordia	<a href="mailto:devinsiordia@setonhomesa.org">devinsiordia@setonhomesa.org</a>
Society of St. Vincent De Paul	<a href="http://www.svdpsa.org">www.svdpsa.org</a>	210-225-7837	*not listed	<a href="mailto:volunteer@svdpsa.org">volunteer@svdpsa.org</a>
South Texas Blood and Tissue Center	<a href="http://www.bloodntissue.org">www.bloodntissue.org</a>	210-731-5555 x1388	Susan Smith	<a href="mailto:susan.smith@bloodntissue.org">susan.smith@bloodntissue.org</a>
South Texas Veterans Health Care System	<a href="http://www.vasthcs.med.va.gov">www.vasthcs.med.va.gov</a>	210-617-5107	Joyce Brown	<a href="mailto:joycebrown@vastncs.med.va.gov">joycebrown@vastncs.med.va.gov</a>
Southeast Baptist	<a href="http://www.baptisthealthsystem.com">www.baptisthealthsystem.com</a>	210-297-3677	Sharon Sutton	<a href="mailto:sksutton@baptisthealthsystem.com">sksutton@baptisthealthsystem.com</a>
Clarity Child Guidance Center	<a href="http://www.claritycgc.com">www.claritycgc.com</a>	210-593-2127	Sarah Pace	<a href="mailto:Sarah.Pace@claritycgc.com">Sarah.Pace@claritycgc.com</a>
Special Olympics Texas	<a href="http://www.sotx.org">www.sotx.org</a>	210-530-9898	Evelyn Merrill	<a href="mailto:merrillw@swbell.net">merrillw@swbell.net</a>
St. Peter St. Joseph Children's Home	<a href="http://www.stpjhome.org">www.stpjhome.org</a>	210-533-1203	Amy Stage	<a href="mailto:astage@stpjhome.org">astage@stpjhome.org</a>
Susan G. Komen Cancer Foundation	<a href="http://www.sakomen.org">www.sakomen.org</a>	210-222-9009 x101	Kara Hall	<a href="mailto:Kara@sakomen.net">Kara@sakomen.net</a>
Texas Department of Health - Texas Center for Infectious Disease	<a href="http://www.tdh.state.tx.us/tcid">www.tdh.state.tx.us/tcid</a>	210-531-4587	Esperanza Cantu	<a href="mailto:esperanza.cantu@dshs.state.tx.us">esperanza.cantu@dshs.state.tx.us</a>
Texas Non Profits	<a href="http://www.txnp.org">www.txnp.org</a>	210-710-2465	Jackie Beretta	<a href="mailto:txnpa@txnp.org">txnpa@txnp.org</a>
The Arc of San Antonio	<a href="http://www.arc-sa.org">www.arc-sa.org</a>	210-490-4300 x104		<a href="mailto:jpeters@arc-sa.org">jpeters@arc-sa.org</a>
The Leukemia & Lymphoma Society	<a href="http://www.lls.org/stx">www.lls.org/stx</a>	210-377-1775	Dee Dee Said	<a href="mailto:deedee.said@lls.org">deedee.said@lls.org</a>
United Way of San Antonio and Bexar County	<a href="http://www.unitedwaysatx.org">www.unitedwaysatx.org</a>	210-352-7060	Esther Cantu	<a href="mailto:ecantu@unitedwaysatx.org">ecantu@unitedwaysatx.org</a>
University Health System	<a href="http://www.universityhealthsystem.com">www.universityhealthsystem.com</a>	210-358-2326	Erika Garcia	<a href="mailto:erika.garcia@uhs_sa.com">erika.garcia@uhs_sa.com</a>
			Tracy Carrizales	<a href="mailto:tracy.carrizales@uhs_sa.com">tracy.carrizales@uhs_sa.com</a>
USO Council of San Antonio	<a href="http://www.alamouso.org">www.alamouso.org</a>	210-227-9373 x11	Dawn Schultz	<a href="mailto:dschultz@uso.org">dschultz@uso.org</a>
Vista Care Hospice	<a href="http://www.vistacare.com">www.vistacare.com</a>	210-738-4155	Mary Diehl	<a href="mailto:madiehl@odsyhealth.com">madiehl@odsyhealth.com</a>
			Virginia Macaleb	<a href="#">*not listed</a>