

## INTRAMURAL / RECREATIONAL SPORTS

**FIGURE 1**

*Existing Playfields, UTSA Central Campus*

**FIGURE 2**

*Intramural and Recreational Sports Space Requirements Table*


**FIGURE 3**


*Aerial View of Future Central Campus Recreational Playfields*

**FIGURE 4**

*Long Range Plan of Central Campus Recreational Playfields and Facilities*

- Football Practice/Softball Fields 1
- Soccer Fields 2
- Softball Fields 3
- Practice Field 4
- Baseball and Volleyball Courts 5
- Tennis Courts 6
- Recreation and Wellness Center 7
- Expansion of Recreation Center 8
- Convocation Center 9
- Convocation Center Addition 10
- Parking Garage P

Existing UTSA Buildings 

Future UTSA Buildings 

### MISSION

Campus Recreation provides a wide variety of recreational and wellness opportunities, creating a fun, healthy, and safe environment that enhances the quality of life and educational experience for a diverse University community.

### PROGRAMS

#### For Fitness/Wellness

- Provide a staffed, clean, and multifaceted cardio and weight area to cater to all types of users. Provide a variety of weight equipment, including free weights, plate-loaded, and selectorized equipment, and cardio machines for all users, including users with disabilities.
- Offer instructional exercise programs through group exercise and personal training options. Students are given the opportunity to learn more about exercise and designing exercise programs by participating in these offerings. Workouts are compiled by the instructor for the patron(s). Interested students are also trained and tested to provide this service and have another option for Campus Recreation employment.
- Teach healthy eating habits through individual dietary analysis, nutrition lectures and demonstration kitchens structured and conducted by a registered dietician.

- Assess fitness levels to offer baseline and progress-tracking options for patrons. Measures are taken to indicate levels of fitness in cardiovascular health, strength, and flexibility. This information is useful to monitor progress and target areas for improvement in personal fitness.
- The Campus Master Plan proposes two new indoor recreational facilities to serve the above needs—an expansion of the existing Recreation and Wellness Center to the south, and the renovation and expansion of the Convocation Center to the east. Maintaining proximity among the University’s indoor and outdoor facilities will create a synergy of activity as well as reduce future operational costs.
- The movement of UTSA Athletics facilities to UTSA Park West will allow for an increased number of recreational and intramural playfields in Central Campus. When Sam Barshop Boulevard moves west as part of Phase 4 of the Master Plan, this will allow for the further expansion of these playfields.

#### Outings Program: Trips and Workshops

Day trips and extended trips are offered for adventure, recreation, and relaxation. Trips will be offered on weekends, breaks, and University holidays. All trips are available to all students and other Recreation and Wellness Center members. Trip participants learn activity and risk management skills as well as gain an enhanced awareness of environmental ethics and interpersonal dynamics. Fees for each trip will vary depending on type of trip and length of stay and are typically equal to, or less than, the actual per person costs.

The outdoor workshops are designed to provide brief sessions of instruction on outdoor recreation skills, ethics, and safety. Workshops to be offered will range from backcountry cooking and knot tying to “leave no trace” skills. The workshops are available for Recreation and Wellness Center members at no charge.

#### Outdoor Resource Center: Free Equipment Checkout

The Outdoor Resource Center (ORC) provides Recreation and Wellness Center members with resources to plan and execute outdoor trips independent of the program. Equipment is available to check out free of charge—with brief instruction on appropriate use for those who need it.

The ORC library contains books, maps, and videos available for check out. The library’s titles cover topics including climbing skills, mountain biking, canoeing, wilderness first aid, and famous expeditions. Additional information on Texas State Parks and local public areas is available for individuals planning trips.

#### RockWall: Indoor Climbing

The UTSA RockWall provides members an opportunity to learn and practice technical climbing in a controlled indoor setting. Climbing routes are established by trained student staff members to accommodate a variety of interests and ability levels. Equipment and safety systems are maintained and inspected routinely to ensure proper functioning. The freeform wall built in December 2004 has a total area of 2,034 sf.

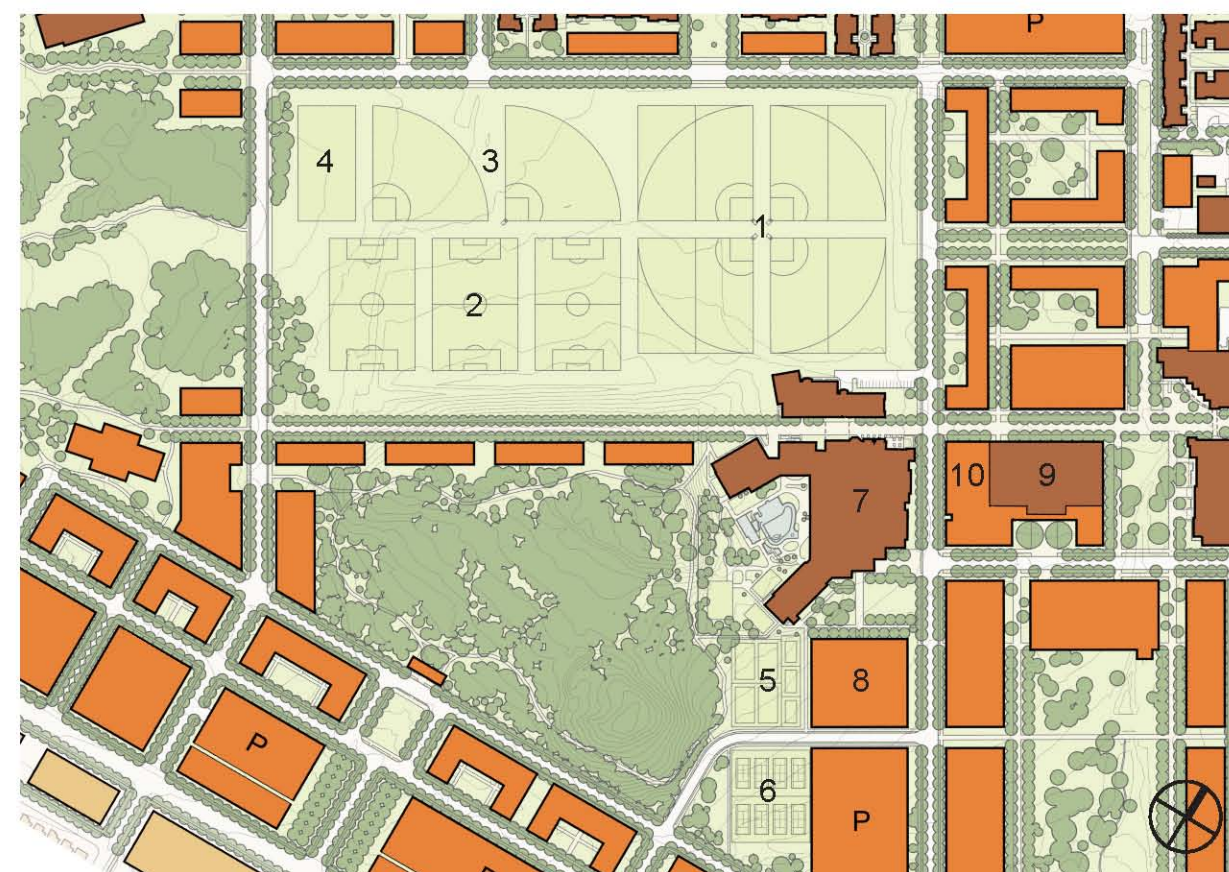




	Factor	2009 Student Population	2009 Space Requirement	2009 Actual Space	Variance	2016 Student Population	2016 Space Requirement	Add'l Space Needed
<b>INDOOR FACILITIES</b>								
Total Indoor Recreation Space	8,960.00	28,543	255,745	104,819	-150,926	32,875	294,560	-189,741
<i>ASF/1,000 students</i>								
Locker room space for men	157.00	28,543	4,481	3,888	-593	32,875	5,161	-1,273
<i>ASF/1,000 students</i>								
Locker room space for women	141.00	28,543	4,025	3,458	-567	32,875	4,635	-1,177
<i>ASF/1,000 students</i>								
Basketball courts	0.30	28,543	9	5	-4	32,875	10	-5
<i>Number of courts/1,000 students</i>								
Handball/racquet ball courts	0.27	28,543	8	4	-4	32,875	9	-5
<i>Number of courts/1,000 students</i>								
Squash courts	0.05	28,543	1	0	-1	32,875	2	-2
<i>Number of courts/1,000 students</i>								
Table tennis tables	0.15	28,543	4	2	-2	32,875	5	-3
<i>Number of tables/1,000 students</i>								
Tennis courts	0.01	28,543	0	0	0	32,875	0	0
<i>Number of courts/1,000 students</i>								
Swimming pools	0.54	28,543	15	0	-15	32,875	18	-18
<i>Number of lanes/1,000 students</i>								
Demonstration Kitchen			1	1	0		1	0
Lounges			5,252	5,252	0		5,252	0
Massage Therapy			1	1	0		1	0
Meeting Rooms			2	2	0		2	0
Fitness Assessment Rooms			1	1	0		1	0
Track			10,887	10,887	0		10,887	0
<b>FITNESS FACILITIES</b>								
Total fitness equipment space	1,008.00	28,543	28,771	13,978	-14,793	32,875	33,138	-19,160
<i>ASF/1,000 students</i>								
Cardio equipment space	364.00	28,543	10,390	9,167	-1,223	32,875	11,967	-2,800
<i>ASF/1,000 students</i>								
Free weight space	280.00	28,543	7,992	2,160	-5,832	32,875	9,205	-7,045
<i>ASF/1,000 students</i>								
Group exercise space	332.00	28,543	9,476	8,932	-544	32,875	10,915	-1,983
<i>ASF/1,000 students</i>								
Group indoor cycling space	46.00	28,543	1,313	2,500	1,187	32,875	1,512	988
<i>ASF/1,000 students</i>								
Strength equipment space	280.00	28,543	7,992	11,208	3,216	32,875	9,205	2,003
<i>ASF/1,000 students</i>								
Stretching/core exercise space	42.00	28,543	1,199	1,024	-175	32,875	1,381	-357
<i>ASF/1,000 students</i>								
<b>OUTDOOR RECREATION</b>								
Indoor bouldering walls	23.00	28,543	656	462	-194	32,875	756	-294
<i>SF of climbing surface/1,000 students</i>								
Indoor climbing walls	0.41	28,543	12	6	-6	32,875	13	-7
<i>Number of top ropes/1,000 students</i>								
Trip and rental equipment storage	122.00	28,543	3,482	2,088	-1,394	32,875	4,011	-1,923
<i>ASF/1,000 students</i>								
<b>OUTDOOR FACILITIES FIELDS &amp; COURTS</b>								
Total Outdoor fields	0.94	28,543	27	8.4	-18	32,875	31	-23
<i>Number of acres/1,000 students</i>								
Outdoor Basketball courts	0.11	28,543	3	1	-2	32,875	4	-3
<i>Number of courts/1,000 students</i>								
Flag football fields	0.23	28,543	7	4	-3	32,875	8	-4
<i>Number of fields/1,000 students</i>								
Soccer fields	0.20	28,543	6	4	-2	32,875	7	-3
<i>Number of fields/1,000 students</i>								
Softball fields	0.15	28,543	4	2	-2	32,875	5	-3
<i>Number of fields/1,000 students</i>								
Tennis courts	0.41	28,543	12	10	-2	32,875	13	-3
<i>Number of fields/1,000 students</i>								
Volleyball courts	0.12	28,543	3	2	-1	32,875	4	-2
<i>Number of fields/1,000 students</i>								



3



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0 250 500 1,000 ft