**Graduate Individual Development Plan - Tables & Information**

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| **Individual Development Plan – Graduate Trainees** | |
| **Name:** | |
| **Major:** | |
| **Degree Working on:** | |
| **Expected Graduation Date:** | |
| **Program or Programs: (FAST, REACT, RISE, MARC, WSRTP, ETC):** | |
| ***Very Short Term Goal: Advance to Candidacy*** | |
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| ***Short Term Goal: Complete PhD with Additional Education*** | |
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| ***Medium-term Career Goals: Postdocs or Next Steps*** | |
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| ***Longer-term Career Goals: Faculty or Young Scientist or... – Permanent Position*** | |
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| ***Ultimate Career Goals: Top of Permanent Position*** | |
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| ***Experiences Needed/Desired to Reach up to Medium Term Goals....*** | |
| Laboratory Research – Topics and/or Types | |
| Goals | Skills/Training Needed |
| Grants Desired (Graduate, Dissertation, Postdoc, Pathway to Independence K99/R00) | |
| Goals | Skills/Training Needed |
| Publications/Writing | |
| Goals | Skills/Training Needed |
| Coursework | |
| Goals | Skills/Training Needed |
| Qualifying Examinations | |
| Goals | Skills/Training Needed |
| Additional Degrees or Certificates Desired: | |
| Goals | Skills/Training Needed |
| Networking and Connections | |
| Goals | Skills/Training Needed |
| Teaching | |
| Goals | Skills/Training Needed |
| Mentoring | |
| Goals | Skills/Training Needed |
| Service/Broader Impact | |
| Goals | Skills/Training Needed |
| Leadership (Student Organizations, clubs, Organizations you start or re-start): | |
| Goals | Skills/Training Needed |
| Personal Growth: | |
| Goals | Skills/Training Needed |
| Other Career Development: | |
| Goals | Skills/Training Needed |

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| **Example Competencies/Skills to Help Guide You, above.** | |
| **Research/Technical skills**  Experimental design  Creativity in identifying new research directions  Responsible Conduct of Research  Critical analysis  Data analysis Statistical analysis  Computer skills  Problem solving skills (troubleshooting experimental design)  Critical reading (review and analysis of the scientific literature)  **Professional Skills**  Communication Oral/presentation  Writing (abstract, manuscript, grant, thesis, general)  Manuscript Review  Self-instruction/learning  Teaching  Industry Science skills?  **Application Activities and Skills**  Statements  Connections with Faculty | **Interpersonal Skills**  Networking  Mentoring/being a mentee  Working with others  **Leadership and management skills**  Time management  Prioritizing/goal setting  Organizational skills  Ability to multitask  Meeting deadlines  Giving/accepting feedback  **Professional Planning and Career Development**  Analysis of desired career path  Strategy to get there  **Broader Impact**  Volunteering now?  Train for higher level broader impact activities  Clubs/Organizations to Join |

Course Preparation and Calendar of Activities. Do something like this for your Academics. Then do something, Semester by Semester, for building other Attributes/skills...

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| Summer 1 - 20\_\_ | | | |
| Courses | | | |
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