

The 5 Rs of Textbook Reading

Read Selectively

- What is the main purpose of this chapter?
- Start by previewing the chapter.
 - Look over chapter outline and summaries
 - Look over headings, subheadings, charts, and illustrations
 - Master the technical vocabulary
 - Break up your readings into sections

Record

- Write down:
 - Your questions, take notes, make outlines, use webbing, retention diagrams, note cards

Recite

- Go over your questions.
- Say the answers in your own words.
- Do you really understand what the book is saying?

Reflect

- Can you answer those higher level questions?
- Can you make connections?
- Do you see patterns?
- Can you relate the material to examples?

Review

- Review on a regular basis.
- Utilize website review material, practice quizzes on CD, go to study groups.