

Test Prep Checklist

- I began preparation for the test when we first covered the material in class.
- I know whether it is a quiz, test, or major exam.
- I know what material will be covered.
- I know how many questions will be on the test.
- I know how long the test will take.
- I know what kind of questions will be on the test.
- I know how the test will be graded.
- I have studied practice questions or problems for the test.
- I formed or participated in a study group (such as an SI group).
- I used different, appropriate study strategies for different types of questions.
- I re-organized my class notes.
- I summarized information from my notes and/or the textbook in my own words.
- I used two or more of my senses to engage in studying the material (i.e., sight, hearing, taste, touch, smell).
- I created my own test questions from the material and practiced answering them.
- I got plenty of sleep the week of – and the night before - the test.

Score:

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|---------|---|
| 14-16 | Excellent preparation |
| 11-13 | Good preparation; consider trying some new strategies |
| 8-10 | Need to improve; incorporate more test preparation & study strategies |
| Below 7 | Meet with an Academic Success Coach to build your strategies! |