The end of August brought the year-end crunch for many of us, as well as deadlines for completing projects for the students’ arrival. Throughout Roadrunner Days, August 19-28, I was gratified to be surrounded by the fingerprints of our division. There were the signs you hung, the tables, chairs, stages, bleachers, podiums, tents, and plants you set out. Our Catering Department served more than 14,000 students, faculty, and staff, and immediately after each event, the clean-up crews swooped in to return the venues to pristine condition.

On the rainy morning of August 22, I attended my second freshman and transfer student convocation. There we helped our newest students learn the Roadrunner Creed, the Alma Mater and the UTSA fight song. I was struck by the similarities between the Creed and our own guiding principles. When I walked back from the Convocation to join the BA lunch volunteers, I decided to share with you my comparison of these sets of guiding principles.

As a Roadrunner, I will…

respect and accept individual differences, recognizing the inherent dignity of each person

As Business Affairs staff members, we will…

respect and care for each other

As a Roadrunner, I will…

uphold the highest standards of academic and personal integrity by practicing and expecting fair and ethical conduct

As Business Affairs staff members, we will…

partner to deliver excellent service (we strive for the highest standards, just as our students do)...and We do the right thing!

As a Roadrunner, I will…

contribute to campus life and the larger community through my active engagement

As Business Affairs staff members, we will…

value and empower people

As a Roadrunner, I will…

support the fearless exploration of dreams and ideas in the advancement of ingenuity, creativity and discovery.

As Business Affairs staff members, we will…

create positive change

The Roadrunner Creed closes by stating that, directed by these principles, “now and forever, I am a Roadrunner!” So I guess in summarizing our guiding principles, our loud chant should be: “We are NOW and FOREVER Business Affairs Roadrunners!”

The staff who made the Convocation, lunch, and the entire Roadrunner Days a huge success deserve a special Tier One shout out. As do all of you for helping achieve our goals and live our Business Affairs guiding principles…every person, every day, every job.
Spotlight on...
Henry Barrera

Henry Barrera was born in Pasadena, California, but as a military brat, he got to Texas as fast as his little feet could carry him. He is the youngest of three children and considers his family one of the most important things in his life.

Henry is a proud alumnus of UTSA, where he received a Bachelor of Arts in Communications. He has recently started graduate school at UTSA to pursue a Master of Public Administration. He is also a member of the UTSA Staff Council. In 2014, he received his Professional in Human Resources certification after months of stress and countless hours of studying.

Immediately after college, Henry starting working for Human Resources at UTSA as an HR Technician at the front desk. He moved up and was eventually part of the PeopleSoft Project Team as a Change Management Analyst. He then transferred back to HR where he is now the Lead HR Specialist of the Day O.N.E. Team.

When not at work, Henry enjoys traveling. One of his bucket list items is to visit all 50 states; he has 17 more states to go. Always the loyal roadrunner, Henry helps organize tailgates with his coworkers at every UTSA home game. A self-proclaimed foodie, Henry enjoys San Antonio’s Restaurant Week, where he is able to try new restaurants.

September is National Preparedness Month. Now is a great time to become a floor captain and to enroll in several of the Emergency Preparedness trainings. Check out the HR Training and Development class schedule.

- Stop by the UTSA Police Department and pick up a free key-chain safety whistle and safety information.
- At home, prepare your personal/family emergency kit and a plan of action.
- Grab your cell phone and download or update the emergency module on the UTSA app, which has an emergency info section. The first person who emails Melissa May confirming your download will get a shout-out in next month’s Business Horizons. Remember, preparedness is EVERYONE’s job. Be Rowdy Ready!

The UTSA Police Department is working with the on-campus housing complexes to host National Night Out on Tuesday, October 4, 2016 from 6:00 to 8:00 p.m. This year’s block parties will take place at the Chaparral Village pool area and the University Oaks Apartments Phase III pool area.

UTSAPD encourages everyone to participate in their local residential National Night Out events to come together as a community and take a stand against crime. Check out www.sanantonio.gov/SAPD/NationalNightOut/Events.aspx to locate events in your area.

CAMPUS CARRY CLASSES
All employees, including student employees, unpaid volunteers and short-term employees, are required to take a training course related to HOP 9.48 - Carrying of Concealed Handguns on Campus (Campus Carry) by October 1. This training provides information on the guidelines and responsibilities related to the carrying of concealed handguns on UTSA campuses.

While most employees will enroll here to take the online EP0499 training, you may instead attend an in-class session, called EP 500 - Campus Carry: What You Need to Know. You can enroll here for an in-person class.
Julie Gohlke and Purchasing Office

On Aug 12, Jeffrey Miller and Patricia McCrea of the Athletics Department delivered a "thank you" breakfast of tacos, fruit, cookies, and orange juice to express appreciation to the Purchasing Staff for the established partnership and the efforts made to ensure that Athletic Purchases are effectively processed, even at the last minute.

Anne Jett, Priscilla Fernandez, Judith Vernon—Human Resources/Training & Development

I wanted to express my sincere thanks and appreciation for your time and effort in organizing and presenting the "You + FISH = Synergy" Retreat for the Department of Biology. It was a great experience that was extremely beneficial to all of us. Your enthusiasm and knowledge really helped us gain some understanding of the strengths of our staff, where we are as a department and in developing our future goals.

Again your service and training were excellent, and thank you very much.

Garry Sunter, PhD
Chair, Department of Biology
Professor of Plant Molecular Virology
South Texas Center for Emerging Infectious Disease

Diane Pina—Human Resources/Training & Development

I really want to thank you for a wonderful workshop and professional presentation to my faculty. It was better than expected, and I've heard nothing but positive comments from faculty members. I'm sure that your work will serve us well as we move forward.

Martell L. Teasley, Ph.D.
Editor-in-Chief Children & Schools
Chair & Professor
Department of Social Work

Elizabeth Corrales—Human Resources

Elizabeth, We Thank You For Your Many Kindnesses During Manuel’s Retirement Process. We Could Not Have Done All We Did Without You. I hope You Will Continue To Work Happily For A Long Time.

Mike Martinez—Surplus, Financial Affairs

I want to extend my thanks to Mike Martinez in Surplus who personally obtained a printer for my office. My request was handled very quickly, professionally, and with a great focus on addressing my needs.

I want to tour your building to get an idea of what else is available for my department needs. I wonder how many departments first think of contacting Surplus before buying.

Because of Mike, my first association with Surplus was extremely positive. Your area continues to set a great example for customer service standards.

John Clifford
Director of Purchasing and Distribution Services

Parking

I wanted to share our thanks for the support of the parking attendants this weekend. They were great! I believe we had a very successful move-in this year, and the parking attendants were a big part of that success. Please share our thanks with the folks who worked this weekend.

Daniel L. Gockley
Director, Housing and Residence Life

Thank you all for striving for excellence...every person, every job, every day!
Kudos

Disbursements & Travel Services, Financial Affairs

August 31, 2016

To the Awesome BTS Team:

We survived another FY year-end, yay!
We just wanted to say thank you for all your help processing our last-minute transactions and all your support throughout the year.

Wishing you all the best for the next fiscal year.
Roseanne Hunt, Melanie Williams, and the Office of Research Support

William Blaylock
Jessica Sauceda
Ron Woltersdorf
Facilities, Work Control

The Institute wants to express our sincerest gratitude for all of your help and support for our Microsoft event this last Thursday. We received great feedback, and even with all of the moving parts associated with this event we managed to pull it off without a hitch! It just reflects the professionalism and expertise in each of your offices. Thank you for support and we look forward to working with you again soon! We go into the weekend knowing that we made a Home Run with our research partners, and can’t thank you guys enough!

Capri Schafner
Texas Sustainable Energy Research Institute

Disbursements & Travel Services, Financial Affairs

Priscilla Fernandez
Human Resources

Wanted to drop you a note to tell you thank you for the Customer Service Training I received this morning.

You really did an excellent job and made it enjoyable. You are very good at what you do!

Joanne DelGreco
Office Assistant II
UTSA Student Health Services

Campus Services

I love my new RFID hang tag. I like that a light acknowledges that the sensor sees the tag. I like that I don’t have to roll down the window to swipe my hang tag – thus avoiding the temptation to multitask (i.e., grab the hang tag and roll down the window while rolling toward the swipe pillar!).

Thank you for making entry and exit easier and at least as fast as using the swipe hang tag.

Sandy Welch
Senior Vice Provost, VP of Academic Affairs

Rene Colunga—Director of Utilities
Management, Facilities

Excellent communication to the Team!

Please send my deepest thanks to the UTSA Contracting and Procurement Team for all of their support in Pete’s absence.

UTSA has worked very, very hard on this procurement, and I appreciate how reliable you all are!

Dana L. Hollingsworth
Assistant General Counsel
The University of Texas System
Office of General Counsel

Disbursements & Travel Services, Financial Affairs

Pat Harborth
University Police

Thanks for the long hours + putting up with me.

Pat Harborth
Visa Payment Option

Following negotiations with UTSA’s Financial Affairs team, Visa has changed its long-standing policy that made handling Visa cards more onerous and costly than other cards. This will be a win for UTSA students who want to use Visa cards to pay their tuition, housing, meal plans, and other fees. Visa is reported to control around 50% of the global credit card volume with MasterCard at about 35%, so this change should allow more options for students, some of whom only have Visa cards.

Any departments that already accept Visa cards need no additional approval and have the option to pass along the fee to the cardholder. Further, the university departments that had not accepted Visa cards for payments in the past can now do so with flexibility that allows them to determine if they want to pass along the fees to the payer. “Any fees charged will be similar to what purchasers pay currently for their transactions using other cards,” said Gary Lott, C.P.A., Director of Financial Services & University Bursar.

Those departments should complete a new Departmental Cash Handling Request and Departmental Cash Handling Security Policy. Read the policy for credit card discount charges. Learn more.

Then get ready for RowdyPay coming Oct 31!

Alertus e-Panic Button Now Available

Over the past summer, the UTSA Office of Emergency Management and Office of Information Technology (OIT) teamed up to make available a new emergency communication tool: Alertus e-Panic Button. The e-panic button has been installed on all OIT-managed classroom computers, including those in common meeting spaces. The Alertus client is currently being installed and tested on faculty/staff computers and should be available in the near future.

The e-panic button is located on the taskbar in the bottom, right-hand corner of your screen near the digital clock. You can also access it by clicking the upward arrow in your taskbar, then right-clicking the yellow Alertus icon and selecting "Press for Help."

To activate the e-panic button, please follow these simple steps:

♦ Select the e-panic button as described above. A pop-up window will open.
♦ Enter the information in the "Request Emergency Assistance" pop-up window. Three fields are required: 1) building name, 2) room number, 3) incident type. If you don’t know the exact room number, please list floor or office suite name to identify your whereabouts. If time permits, include your name, phone number, and a brief description of the emergency you’re reporting. This info helps dispatchers and police officers determine what resources would be needed.

When complete, press "Send Alert." The e-panic button message will be immediately sent to UTSA Police Dispatch. Click "ok" on the confirmation page to dismiss the message.

Alertus Q & A’s:

Does my work laptop have the e-panic button?
If your laptop is OIT supported, then you should have the client.

What if my computer is department managed and not supported by OIT? Can I get the e-panic button?
Yes. Please coordinate with your department IT administrator and OIT.

Will my e-panic button on my laptop work if I’m at home?
No. This function is only available when you are on the UTSA network. Also, if you keep your laptop at home, please bring it in so you can run necessary updates on the network, otherwise the e-panic button will not be installed. We recommend plugging in your laptop to a landline and restarting the device to receive updates.

For technical/installation questions, please contact the OIT helpdesk at oitconnect@utsa.edu or call 458-5555. For all other Alertus questions, please contact the UTSA Office of Emergency Management at BePrepared@utsa.edu or call 458-6851. Be safe, UTSA!
PeopleSoft Moves Forward

Working with partners across the university, Business Affairs continues to take important steps to provide a more stable PeopleSoft platform.

- Migrated all current SharePoint Workflow approvals to the cloud (except travel authorization and expense reports, which will occur in November).
- Successfully launched ePro (procurement requisition) workflow, which improves the efficiency of the purchasing routing and approval processes.
- Successfully launched a streamlined Accounts Payable Workflow, modified based on user feedback.

Upcoming process improvements and target dates:

- Formation of Financial Affairs Users Group – Fall 2016
- Cash Advance Workflow – Fall 2016
- Travel Authorization Workflow – Fall 2016
- Expense Report Workflow – Fall 2016
- Cognos (reporting tool) Direct Data Load (Data Warehousing) – Spring 2017
- Implementation of SciQuest, procurement enhancement for a robust marketplace experience – Spring 2017
- Human Resource Forms Project, developing eForms to streamline work flow processes – Fall 2017

We truly appreciate the invaluable feedback and testing efforts our campus partners have provided for these important projects and business processes, and we hope we’ll be able to extend these alliances in the upcoming year. PeopleSoft implementers will continue to work to achieve a stable system that supports the campus’s needs for shared information services. Learn more.

Cynthia Orth—PeopleSoft Campus Applications Services Manager
I wanted to follow up and let you know that we’re close to the production phase of SciQuest Total Contracts Manager (TCM). Your work helping us get users uploaded was an enormous help. We’ve held several campus demo groups that consisted of a cross-section of campus contract requesters. A number of these individuals are ready to use TCM.

The fact that many of these requesters are loaded into TCM is a huge benefit, and we couldn’t have done it without your assistance. Many thanks!

Robert Dickens
Director, Business Contracts Office

PeopleSoft Tip:
If your computer has Windows 10, log on to PeopleSoft using Chrome or Firefox instead of IE.

PeopleSoft Project:
View the Latest Information at: http://www.utsa.edu/utshare/

Ready for National Customer Service Week, the 1st week of October? How will you super satisfy your customers, live the Guiding Principles, and earn more kudos? Send stories to Melissa May.

Ashley Zaldivar—Financial Affairs
I wanted to extend my sincere gratitude to you for allowing Ashley Zaldivar to help our department sort through a large list of candidates (83 applicants) for the position of ASO I in Student Disability Services. We really appreciate Ashley’s willingness to help and her expertise in the financial arena. We know that her time is precious and that you guys are very busy, so it means a lot to me and my department that Ashley took time out of her day/s to help us out.

Again, thank you for all you do and thank you to Ashley on a great collaborative spirit!

Dianne P. Hengst, M.A., Psy.D.
Director, Student Disability Services

Ashley’s assistance exemplifies how Financial Affairs helps departments select ideal candidates for reconciling and performing accounting functions.
New Faces in the VP’s Office: Heather Foster and Melissa May

Heather Foster is the new Executive Assistant in the Office of the Vice President for Business Affairs. Heather brings more than 14 years of administrative experience including 11 years at UTSA. She received her bachelor’s degree from the University of Texas at Austin. Her professionalism, university policy knowledge, and strong project management skills are strong assets to the Business Affairs division.

She came to UTSA from Seton Hall University, where she taught graduate and undergraduate students PR and marketing communication. Previously she worked in international public health research, leading communications functions at nongovernmental organizations based in New York City and Washington, DC. Earlier she headed public relations departments for AirTouch Cellular, now Verizon Wireless, in southern California, and Airborne Express, now DHL, in Seattle.

Melissa May, MA, APR became the Director of Communications for Business Affairs on July 11. Drawing on two decades of marketing communication program and project leadership in corporate, nonprofit, agency, and academic sectors, Melissa oversees communication strategic planning and tactical implementation for the division. She provides oversight, direction, and coordination for the division’s communications, marketing, staff education, and leadership initiatives for the division.

She came to UTSA from Seton Hall University, where she taught graduate and undergraduate students PR and marketing communication. Previously she worked in international public health research, leading communications functions at nongovernmental organizations based in New York City and Washington, DC. Earlier she headed public relations departments for AirTouch Cellular, now Verizon Wireless, in southern California, and Airborne Express, now DHL, in Seattle.

Mary Simon—After 14 years at UTSA, Mary Simon, Senior Director of Budget Planning & Development, retired in August. Mary started at UTSA in 2002 as Manager of Audit and Consulting Services before becoming Director of Management Reporting and Analysis in 2005, then Senior Director, Management Reporting and Admin Systems in 2007.

“I’ve enjoyed working with Mary over the years,” said Lenora Chapman, AVP for Financial Services. “She was a loyal team member with a strong work ethic. When given a project, Mary gave 150% and ensured every detail was covered. And she was very supportive of her team. I want to thank her for all that she has done for UTSA. We will miss her and wish her the best in retirement.”

“Mary is a kind and caring individual,” said Associate Director of Budget Planning and Development Tammy Anthony. “That along with her loyalty and dedication to UTSA made her a strong mentor, leader and overall wonderful boss for me and others in our Budget Team. Mary always encouraged us to do our best and look for ways to do even more. We will miss her smile and leadership.” Mary plans to take care of her mother, who recently moved in with Mary and her husband.

Financial Affairs hosted a farewell celebration on August 24, where several staff members and Mary’s family celebrated and thanked Mary for the years of dedication she has given to the university.

We bid a sad farewell to Julie Olson after 15 years at UTSA. A special edition of Business Horizons was dedicated to her on Aug 29. We wish her all the best in her retirement.

Melissa earned her Bachelor’s degree in public relations and mass communication from Purdue University and her master’s in public relations from The University of Texas at Austin. May has been active in academic, community, charitable, and professional organizations, including leadership roles in the Public Relations Society of America.

Mary Simon’s husband, Eddie, son Dominic, and daughter Shelby joined in the festivities.

LtoR: L Chapman, S Hardison, D Macias -Ollervídez, M Simon, J Martinez
Human Resources

The HR team is planning for the implementation of changes to the Fair Labor Standards Act. These federal guidelines impact some employees’ exemption status and their eligibility to receive overtime pay. Employees who are affected by changes to this law will be notified. They will be required to take a class, offered by HR subject matter experts, to ensure that they and UTSA are in compliance by December.

Classes will begin in October for employees whose status will change based on the FLSA as well as for supervisors and for timekeepers. Read more under HR News.

Employee Discounts

HR reminds staff to take advantage of the Employee Discount Program (EDP), with great discounts on a wide variety of products and services. Categories include automotive, electronics, fashion, food & restaurants, health & beauty, home & garden, sports & entertainment, travel, and more. The website features lists of participating vendors and the discounts they are offering. Just show your university staff ID, print out a coupon, or enter a special “Discount Code” on the business’s web site. You can even encourage your favorite business to sign up for EDP.

Contact Kathleen Carter-Stiggers at x4662 with your suggestions for improving this program.

Denise Moore has earned the prestigious Certified Compensation Professional designation from WorldatWork Society. Denise is among a distinguished group of HR professionals who are committed to excellence in compensation, benefits, work-life effectiveness and total rewards.

FLSA

The HR team is planning for the implementation of changes to the Fair Labor Standards Act. These federal guidelines impact some employees’ exemption status and their eligibility to receive overtime pay. Employees who are affected by changes to this law will be notified. They will be required to take a class, offered by HR subject matter experts, to ensure that they and UTSA are in compliance by December.

Classes will begin in October for employees whose status will change based on the FLSA as well as for supervisors and for timekeepers. Read more under HR News.

Employee Discounts

HR reminds staff to take advantage of the Employee Discount Program (EDP), with great discounts on a wide variety of products and services. Categories include automotive, electronics, fashion, food & restaurants, health & beauty, home & garden, sports & entertainment, travel, and more. The website features lists of participating vendors and the discounts they are offering. Just show your university staff ID, print out a coupon, or enter a special “Discount Code” on the business’s web site. You can even encourage your favorite business to sign up for EDP.

Contact Kathleen Carter-Stiggers at x4662 with your suggestions for improving this program.
Facilities

Facilities Renovates BSE Lab for the Robert A. Welch Chair in Chemistry

UTSA Facilities’ Engineering and Project Management department worked diligently this summer to renovate labs in the BSE Building for the Department of Chemistry. This project directly supports Dr. Kirk Schanze, UTSA’s new Robert A. Welch Distinguished University Chair in Chemistry, and his research on the interaction of light with small molecules, polymers, and materials.

The initial phase of the project was finished on August 1 with the installation of a new wall, utility infrastructure, and lab tables. The final phase, currently under way, will add eight fume hoods, four sinks, and lab tables to the other half of the lab space. This project also includes an upgrade to the HVAC system that will provide additional airflow to accommodate the new fume hoods.

The Facilities project coordinator is Alex Perez, a Mechanical Engineering graduate of UTSA. With assistance from Facilities Operations and Maintenance, Chemistry Department Chair Dr. Waldemar Gorski, and Dr. Schanze, Alex did an excellent job meeting the short timeline of this project and was able to get this new research space ready for the Fall Semester.

Facilities reminds students and staff: Prevent fires and smoke alarm detonation by keeping an eye on your microwave items, especially the lead culprit, popcorn. Remember that when smoke alarms go off, the whole building needs to evacuate and the fire department must come out.

Comments from Customer Satisfaction Survey related to work orders:

Work at JPL performed by electricians, Brent Tyroff and Matt May:

Working with Brent Tyroff and Matt May is truly a pleasure. They are responsive to our requests, provide great suggestions to enhance our many requests, and provide follow up through completion. They exemplify great customer service!

Work performed at MS Building by Robert De Hoyos, Robert Lozano, and Albert Parvin

This work order was part of a last-minute decision to alter the intended use of a departmental office. We greatly appreciated Robert’s quick response and willingness to work with us for success and also appreciate the use of technicians from other zones to ensure timely completion.

Work performed at JPL – Food Facility Service

Work Control and the Facilities technicians always do an excellent job! Their hard work is greatly appreciated!

Facilities Staff

I wanted to express my special thanks to you and your Facilities team for the wonderful job they did to make the Independence Day event held on July 29th a huge success. A special thanks to your administrative staff, Jessica Sauceda, for kindly helping us throughout the entire process and also to the downtown movers, Matthew Ruiz and Raul Garcia, for helping the BCFS staff with the room changes throughout the day. This event couldn’t have been possible without the contribution of your great Facilities team working together with the time, patience and dedication that was put into making this event possible. It is always a pleasure working with your staff.

Thank you once again from the CAPRI Center, and I appreciate all of your hard work and dedication. Our staff, Sophia Ortiz and Alex Romero, and all the students who helped out that day are very appreciative of the way you supported our efforts to help foster youth find opportunities for higher education after they leave the foster care system! Go Runners!

Dr. Harriett Romo
Professor - Sociology/Director of UTSA Mexico Center
Director of Bank of America Child & Adolescent Policy Research Institute (CAPRI)
Goes Back to School

Parking

In light of coming enhancements at the Downtown Campus and the addition of expanded conference space in the Durango building, Campus Services took advantage of summer downtime to address much needed maintenance and upgrades in the Downtown Campus Garage.

The first step in this extreme makeover was to focus on lighting opportunities throughout the garage. We employed the expertise of UTSA Facilities to improve current lighting levels to address immediate needs and improve customer safety. We also requested retrofitting the facility with LED lighting. Work is scheduled to begin mid-Sept. and will result in a reduced carbon footprint and improved sustainability.

Secondly, we hired an outside vendor to power wash the garage’s interior. Years of vehicle traffic, dust, and debris had settled into the concrete structure and required removal by a professional cleaner. In a few short days, years of built-up dirt were gone and the visual appeal of the interior restored.

To complete the transformation, Campus Services purchased and installed new signage to assist and direct campus guests and visitors in navigating the four-level, 320-space garage. Partnering with University Communications & Marketing and Facilities-Capital Projects for approval, the unique designs of Campus Services’ graphic designer, Sara Flores, brought the university spirit and branding to the parking facility. Roadrunner Pride is now prominently displayed to the many guests entering and departing our campus through this garage location.

Campus Services is proud to Enhance the Campus Experience through these efforts and looks forward to new and exciting opportunities in the future.

In recent weeks, and just in time for the new academic year, Campus Services has devoted countless hours in improving the environment at our Downtown Campus Garage. Along with the installed signage and better lighting, the garage was power-washed to make UTSA “shine” to our students, faculty, staff and our community. Campus Services will continue monitoring the garage and make other improvements as needed and maintain the cleanliness for our customers.

Go Roadrunners!

-Dr. Jude Valdez
Vice President for Community Services

---

Keep On Truckin’

Arriving this week is the first-ever UTSA-branded Food Truck. Rowdy Curbside will feature rotating weekly menus for a new variety of food items so you can change up your meal routines. Find out where and when to pick up some Rowdy Curbside, as well as other notable dining news, by following UTSA Dining on Facebook or Twitter.

Rowdy Curbside had a sneak preview on Aug 22 at Midnight Light, handing out ice cream to the late-night revelers. Its official debut was Sept 12 from 10 a.m. to 6 p.m. between the North Paseo and Business Buildings. Come out this week to taste the Tex-Mex combo for $6.

---

PEANUT BUTTER PARKING TIME

Campus Services, in partnership with the Student Government Association (SGA), conducted the second annual Peanut Butter Parking Campaign. Eligible citations issued between Monday, August 29 and Friday, September 2 could be paid with a donation of peanut butter. All donations will be delivered to the San Antonio Food Bank to help fight hunger in Southwest Texas.

Last year’s campaign collected more than 700 pounds of peanut butter and provided countless meals to local families. This year, Campus Services hopes to collect even more.

For those who wish to participate in the campaign without a citation, your donations are welcome. Learn more about the campaign at utsa.edu/parking.
September is a great time to commit to be fit. UTSA offers a range of options to help us get motivated to eat well and exercise more. Here are several options you can explore:

Rowdy New U is UTSA’s worksite wellness program, offered through Environmental Health, Safety, and Risk Management. The program is free for faculty and staff. Members of the program who don’t have a Rec Center membership can attend Rowdy New U fitness classes (only those fitness classes) held weekdays at the Rec Center. On Fridays, all faculty and staff members, including Rowdy New U members, can use the entire Rec Center.

Living Well is UT System’s wellness program, under which Rowdy New U operates. UT System also provides additional wellness initiatives to our employees, including Naturally Slim, made available via UTSA Human Resources. Naturally Slim starts Sept. 12 for the 523 participants who registered by the August deadline. The simple program helps people change how they eat instead of what they eat and helps fend off illness for a long, healthy life.

Campus Recreation offers a range of services, giving employees access to:
- 187,000 square foot main-campus facility as well as the downtown facility
- Fitness classes (no limit, no sign-up)
- Two free fitness assessments per semester
- Rock wall
- Aquatics Center (opening soon)
- Outdoor Resource Center, offering the ability to sign up for off-site trips and programs (some additional fees required for some trips) as well as receive advice on outdoor trips
- Equipment-lending program where staff can borrow camping equipment, backpacks, bikes, canoes and kayaks for free (5-day loan)
- Demo kitchens, where students and staff learn how to make healthy, affordable meals as well as receiving nutrition assessments
- Premium services such as massage therapy and personal training (additional fees may apply)
- Intramural sports teams, some geared to faculty and staff
- Complimentary towel service

Staff pay $30/month for use of the Rec Center and the downtown facility. You can rent a locker and lock for $40 a semester at main campus and $24 downtown on a first-come, first-served basis. Daily-use lockers and coin-operated lockers are also available.

Want to learn more about these programs? Visit:
- Rowdy New U—http://wellness.utsa.edu or contact Anna Racelis at x4047
- Naturally Slim—www.naturallyslim.com/LivingWell
- UTSA Campus Recreation—https://campusrec.utsa.edu

Rowdy New U Baseline Testing
I went for my Initial Wellness Assessment at Bauerle Road Garage 1.102, one floor above the cashier’s office. There Anna Racelis, Wellness Coordinator, had me stand barefoot on her bioelectrical impedance scale, which measured my weight and body composition. She asked my height and age, and took my measurements and blood pressure. She handed me a body composition analysis including my weight, fat percentage, fat mass, muscle mass, body mass index, bone mass, and more. She directed me to the Rowdy New U classes offered at the Rec Center at 6 a.m., noon, and 5:30 p.m. She also reminded me that as a Rowdy New U member, I don’t have to be a member of the Rec Center to get into the Rowdy New U classes there, and I can shower on site. View the Sept. class schedule.

-MM