Take the Pledge!  Recycling/Reusing Tips 2019

1. Turn off the water while brushing your teeth, shaving, and washing your face.
2. Carry and use a refillable coffee mug.
3. Carry and use a refillable water bottle.
4. Eat at least one meal of leftovers.
5. Ride your bike or the bus, or carpool.
6. Double side all your print jobs.
7. Turn off the water while lathering in the shower, especially when washing your hair.
8. Be sure to clean the lint filter before or after every dryer load. Minimize the amount of time you run this very energy-inefficient appliance.
9. Turn off the TV when not in use.
10. Turn off the lights when you leave a room.
11. Set your computer to sleep/hibernate mode after 15 min of inactivity.
13. Unplug your chargers when they are not in use.
14. Use re-useable bags when you go to the grocery store.
15. Wash your clothes in cold water.
16. Filter your own water instead of buying water bottles.
17. Choose post-consumer recycled paper products when available.
18. Eat meals without meat or packaged foods.
19. Adjust the temperature in your home by 1-2 degrees.
20. Run the dishwasher only when it’s full.
22. Keep stainless steel utensils and a cloth napkin in your backpack.
23. Support efforts to reduce Climate Change happening on campus and in the community.

Learn more: http://bit.ly/UTSARecycles