

Moshood Adams

Question 1: Tell us your name and a little bit about yourself.

Mo: Hi, my name is Moshood Adams. I am a junior psychology major here at UTSA and I'm minoring in business administration.

Question 2: How do you define resilience?

Mo: The way I define resilience is probably just, as simple as, being able to realize that tough times don't last, but tough people do. And I always like to say just because of the simple fact that we're always going to be faced with adversity, but it's really about the mentality you have going in after you already got that obstacle slap you in the face, it's what I do tomorrow, and what's next for me

Question 3: Describe a challenging issue and how you handled it.

Mo: In managing money. I very quickly realized that was something I was going to have to pay attention to. Being able to kind of ration out how I spent my frivolous time and dollars, compared to the things I really needed to take care of. Also, knowing how to make my dollar stretch; that was a lot of the obstacles that hit me when I first got to college.

Question 4: What specific skills did you use to manage this challenge?

Mo: Social intelligence. It means communicating, it means stepping outside of your comfort zone when it's hard. Social intelligence just means being able to make other people feel as important as they are. That always helped because sometimes when it came to money, that meant that maybe I didn't have to spend a dollar here, where I would have otherwise, or maybe somebody else could point me in the direction of a resource that would make my dollar actually stretch. So that was also very, very, good.

Question 5: Looking back what have you have done differently?

Mo: I would have setup a savings account that was really a savings account that I never dipped into. Learning about, you know, what it means when you take a loan; what are good loans; what are bad loans; and I guess more day-to-day things like how to cook and not spend money outside. And you know consistently trying to be better than you were yesterday. So, it's always a learning, learning process but at the end of the day, those are definitely some things that could have been awesome to know.