

# What is Mentoring?



## *A matter of trust...*

Mentoring is a relationship that brings young people together with caring adults, of all ages, to offer guidance, support and encouragement.

## *Mentoring can help a child...*

- Improve his/her attitude towards their parents, peers and teachers
- Become less likely to initiate illegal drug use
- Stay motivated and focused on their education
- Become less likely to skip school
- Find positive ways to spend free time
- Be less likely to begin using alcohol
- Face daily challenges and gain proper decision making skills
- Be less likely to hit someone or fight at school

There were a lot of times when Marcus did something that made me feel special," says Isaiah of his mentor, Marcus.



# Join the San Antonio Mentoring Forum



Working together to enrich the San Antonio community...

The San Antonio Mentoring Forum at the University of Texas at San Antonio serves as an informal organization devoted to mentoring organizations and advocates.

Every January, SAMF celebrates National Mentoring month with an award ceremony that recognizes individuals and groups for their contributions to mentoring in the San Antonio area. Proceeds raised benefit UTSA mentoring initiatives. For more information, visit [utsa.edu/mentoring](http://utsa.edu/mentoring).

*Join the San Antonio Mentoring Forum today to support a brighter future for tomorrow...*

There is no fee for membership and the opportunities to make a difference are endless.

For more information on how you can be a part of your communities' mentoring work, visit [utsa.edu/mentoring](http://utsa.edu/mentoring).



# What is Mentoring?



## *You should know...*

A central Texas study released in 2005 found that children matched in mentoring programs were more likely to graduate from High School or earn a G.E.D. As a mentor you have the opportunity to provide a child with support, friendship and a constructive example.

## *A crisis in our community ...*

- Texas schools are losing 1/3 of their students
- In 2005, 39 out of every 1,000 girls between the ages of 15 and 17 gave birth
- Dropout rates for Hispanic and African American students are the same and, for some areas, worse than they were 20 years ago

## *Be a part of the solution ...*

- Mentoring can be a fundamental stepping stone to a child's success
- The average mentor meets with their mentee for only one hour a week

Visit [utsa.edu/mentoring](http://utsa.edu/mentoring) to find a mentoring program near you.

"(Mentoring) taught me some very big lessons-about love, about strength of character, and dedication, and about myself," said Arlene.



# Become a Mentor...



## *We need YOU...*

The San Antonio community is currently seeking all caring adults within the community to mentor a child today! Just one hour is all it takes.

## *4 easy steps to make a world of difference through mentoring:*

- **Step 1:** Dedicate one hour of free time each week
- **Step 2:** Decide what age group you would like to mentor.
- **Step 3:** Visit , [utsa.edu/mentoring](http://utsa.edu/mentoring) to contact an area mentoring program.
- **Step 4:** SMILE and prepare to have a meaningful experience.

*“Having a man to talk to ... made such a difference to me,”  
said Russell , a former mentee.*



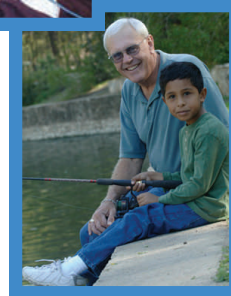
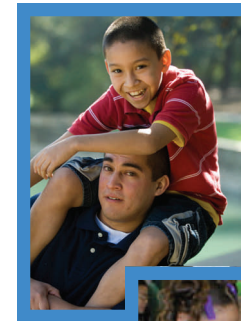
# UTSA®

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# *The San Antonio Mentoring Forum*

A partnership of San Antonio's mentoring organizations and advocates

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