



Escape to

Safe Spring Break

Sombrilla Island

Health and Wellness Expo

Featuring:

March 4, 2009
9 am to 2 pm
Sombrilla

Safe Spring Break activities
SHADES • BARR • CURE

Health screenings
diabetes • cholesterol • body composition

Demonstrations
fire safety • workplace ergonomics • tai chi

Exhibitors
community agencies • UTSA departments

Wellness Presentation
by Rolando Roman UC Denman Room
11 am & 12:30 pm. light refreshments
register thru TX Class SD 279



For more information call (210) 458-6428
www.utsa.edu/health

