Better Health. It’s up to you.

We invite you to register for the Living Well health platform today. Use the tools offered to help you reach your health goals.

Complete these easy steps to get started:

2. Log into your account or click “Register New Account” to sign up.
3. Complete your health assessment (under the Health heading).
4. Enjoy your $25 gift card after you complete the health assessment and receive your annual preventive exam.
5. Explore a variety of tools: meal and exercise plans; exercise, food, and calorie trackers; challenges; and many more.

Remember, complete the health assessment and annual preventive exam by August 31 to earn your gift card for this plan year.

If you have any questions, call 1-888-703-2296 from 6 a.m. to 5 p.m. CST or email livingwell@provanthealth.com.